

## 100+200

, 2004 - 2005											
1.	100	1:07.35	558	200	2:30.74	527	05	"	"	1085	2
2.	100	1:07.46	556	200	2:32.92	505	05	.		1061	2
3.	100	1:07.14	564	200	2:36.12	474	04	"	"	1038	2
4.	100	1:08.73	525	200	2:38.86	450	04	"	"	975	2
5.	100	1:10.66	484	200	2:36.11	475	04			959	2
6.	100	1:11.34	470	200	2:39.42	446	05			916	2
7.	100	1:09.49	508	200	2:44.40	406	05	"	"	914	2
8.	100	1:12.51	447	200	2:40.15	440	04			887	2
9.	100	1:10.84	480	200	2:44.80	403	04			883	2
10.	100	1:11.86	460	200	2:45.72	397	05		-5	857	2
11.	100	1:10.69	483	200	2:50.16	366	04		"	" 849	2
12.	100	1:17.12	372	200	3:04.59	287	05			659	2
13.	100	1:17.08	372	200	3:05.95	281	04	"		" , . 653	2
14.	100	1:15.50	396	200	3:12.42	253	05			649	2
15.	100	1:18.77	349	200	3:05.61	282	05			631	2
16.	100	1:10.17	494				05			494	1
17.	100	1:16.03	388				04		"	" - 388	1
18.	100	1:16.25	385				05			385	1
	100	1:16.21	385				05		.	385	1
20.	100	1:19.56	339				04		"	" - 339	1

" " . II

21.	100	1:21.65	313	05				313.	1
22.	200	3:00.59	306	05				306	2
23.	100	1:24.92	278	04	"	"		278	1
24.	100	1:40.52	168	05				168	1
, 2006 - 2007 - 1 of 2 Events									
1.	100	1:11.80	461	06	"	"		461	1
2.	100	1:12.66	445	06				445	1
3.	100	1:15.73	393	06				393	1
4.	100	1:16.48	381	07	"	"		381	1
5.	100	1:16.83	376	06				376	1
6.	100	1:18.07	358	06	"	"		358	1
7.	100	1:19.21	343	06		/		343	1
8.	100	1:19.47	340	06	"	"		340	1
9.	100	1:19.67	337	06				337	1
10.	100	1:20.25	330	06	"	"		330	1
11.	100	1:20.30	329	06	"	"		329	1
12.	100	1:23.11	297	06				297	1
13.	100	1:25.46	273	06				273	1
14.	100	1:27.48	255	06				255.	1
15.	100	1:27.63	253	07			"	253 "	1
	100	1:27.63	253	06	"	"		253	1
17.	100	1:28.15	249	07				249	1

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ALT-TIMING

			"		". II				
18.	100	1:29.11	241		06	,		241	1
19.	100	1:29.23	240		07	"	"	240	1
20.	100	1:30.58	229		06			229	1
21.	100	1:31.78	220		07	"	"	220	1
22.	100	1:32.22	217		07	"	"	217	1
23.	100	1:34.03	205		06			205	1
24.	100	1:34.63	201		07	"	"	201	1
25.	100	1:42.44	158		06		"	158 "	1

## 100+200

		2002 - 2003										
1.	200	2:13.47	583	100	59.66	582	03			1165	2	
2.	100	59.28	593	200	2:17.77	530	02	"	"	1123	2	
3.	100	1:00.87	548	200	2:16.64	543	02	"	"	1091	2	
4.	200	2:17.12	537	100	1:01.81	523	03			1060	2	
5.	100	1:00.40	561	200	2:20.96	495	02			1056	2	
6.	100	1:00.50	558	200	2:21.92	485	02			1043	2	
7.	100	1:00.82	549	200	2:21.85	485	03	"	"	1034	2	
8.	100	1:00.32	563	200	2:23.62	468	03	"	"	1031	2	
9.	100	1:02.20	513	200	2:20.07	504	03	"	"	1017	2	
	100	59.96	573	200	2:26.11	444	03		"	"	1017	2
11.	100	1:01.31	536	200	2:22.73	476	03	"	"	1012	2	

" " . II

12.	100	1:01.28	537	200	2:25.74	447	03	"	"	984	2
13.	100	1:02.53	505	200	2:25.74	447	03	"	"	952	2
14.	200	2:22.58	478	100	1:04.17	467	02			945	2
15.	100	1:00.78	550	200	2:32.84	388	03			938	2
16.	100	1:02.14	515	200	2:32.00	394	02			909	2
17.	100	1:03.12	491	200	2:29.94	411	03	"	"	902	2
18.	100	1:03.20	489	200	2:37.49	354	02		"	843 "	2
19.	100	1:04.27	465	200	2:35.12	371	03			836	2
20.	100	1:04.86	453	200	2:36.61	360	03			813	2
21.	100	1:04.58	459	200	2:43.44	317	02	"	"	776	2
22.	100	1:07.68	398	200	2:40.62	334	03	"	"	732	2
23.	100	1:05.68	436	200	2:53.85	263	03			699	2
24.	100	1:08.67	381	200	2:47.45	295	02			676	2
25.	100	1:11.88	332	200	3:00.28	236	02			568	2
26.	100	1:01.55	530				03	"	" , .	530	1
27.	100	1:01.61	528				02			528	1
28.	100	1:01.79	524				03		3	524	1
29.	100	1:02.67	502				02	"	" .	502	1
30.	100	1:04.57	459				02			459	1
31.	100	1:05.14	447				02		.	447	1
32.	100	1:05.17	446				03	"	" , .	446	1
33.	100	1:05.67	436				02	"	"	436	1

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ALT-TIMING

" " . II

34.	100	1:06.09	428		02	" "	428	1
35.	100	1:06.46	421		03	" , .	421	1
36.	100	1:18.27	257		03		257	1
37.	200	2:57.59	247	100	-	03	247	2

100+200

2004 - 2005								
1.	100	1:13.98	658	200	2:44.05	609	05	1267 2
2.	100	1:15.34	623	200	2:43.63	614	04	1237 2
3.	100	1:17.61	570	200	2:48.55	562	05	1132 2
4.	100	1:19.64	527	200	2:55.53	497	04	" , . 1024 2
5.	100	1:19.73	525	200	2:56.44	490	05	1015 2
6.	100	1:20.46	511	200	2:55.65	496	05	1007 2
7.	200	2:53.71	513	100	1:22.25	478	04	991 2
8.	100	1:21.12	499	200	2:58.71	471	04	970 2
9.	200	2:58.41	474	100	1:23.46	458	05	932 2
10.	200	2:59.36	466	100	1:23.53	457	04	923 2
11.	100	1:22.66	471	200	3:03.08	438	04	" " . 909 2
12.	100	1:23.06	465	200	3:03.73	434	05	" " 899 2
13.	100	1:23.16	463	200	3:04.24	430	05	" " 893 2
14.	100	1:23.45	458	200	3:04.28	430	04	" " . 888 2
15.	200	3:02.60	442	100	1:24.70	438	04	" " 880 2

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ALT-TIMING

" " . II

	200	3:00.99	454	100	1:25.51	426	04	-5	880	2
17.	100	1:24.23	445	200	3:05.01	425	04		870	2
18.	100	1:23.14	463	200	3:10.02	392	04		855	2
19.	100	1:25.24	430	200	3:05.61	420	05		850	2
20.	100	1:24.61	439	200	3:07.19	410	05		849	2
21.	100	1:24.23	445	200	3:08.38	402	05		847	2
22.	100	1:25.97	419	200	3:06.28	416	04		835	2
23.	100	1:26.47	412	200	3:07.18	410	05	" "	822	2
24.	100	1:25.91	420	200	3:15.47	360	04		780	2
	200	3:07.91	405	100	1:29.23	375	05	-5	780	2
26.	200	3:09.78	393	100	1:28.82	380	05	-	773	2
27.	100	1:28.13	389	200	3:15.28	361	05		750	2
28.	100	1:28.33	386	200	3:23.45	319	04		705	2
29.	200	3:17.57	349	100	1:31.40	348	05		697	2
30.	200	3:15.90	358	100	1:32.33	338	05	" " , .	696	2
31.	100	1:31.63	346	200	3:22.81	322	04	"	668 "	2
32.	100	1:31.12	352	200	3:27.27	302	04		654	2
33.	200	3:21.16	330	100	1:35.04	310	05		640	2
34.	100	1:36.09	300	200	3:32.58	280	05		580	2
35.	200	3:06.43	415				05		415	1
36.	100	1:28.35	386				05		386	1
37.	100	1:28.43	385				04		385	1

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ALT-TIMING

" " . II

38.	100	1:29.51	371		04	"	" -	371	1
39.	100	1:35.88	302		04	"	" -	302	1
40.	100	1:44.71	232		04		"	232 "	1
, 2006 - 2007									
1.	100	1:20.52	510	200	2:54.80	504		1014	2
2.	200	2:55.60	497	100	1:22.31	477		974	2
3.	200	2:55.96	494	100	1:22.60	472		966	2
4.	100	1:20.69	507	200	3:00.49	457		" 964	2
5.	100	1:23.39	459	200	3:05.05	424	"	" 883	2
6.	200	3:06.17	417	100	1:26.34	414		831	2
7.	100	1:25.38	428	200	3:08.42	402	"	" 830	2
8.	200	3:05.60	421	100	1:26.86	406	"	" 827	2
9.	200	3:05.82	419	100	1:27.43	398	"	" 817	2
10.	100	1:25.85	421	200	3:14.87	363		784 .	2
11.	200	3:11.48	383	100	1:29.25	374	"	" 757	2
12.	200	3:09.90	393	100	1:32.18	340		733	2
13.	200	3:15.78	358	100	1:30.99	353	"	" . 711	2
14.	100	1:30.97	353	200	3:17.07	351	"	" . 704	2
15.	100	1:31.10	352	200	3:17.08	351	"	" 703	2
16.	200	3:17.25	350	100	1:31.55	347		697	2
	100	1:29.87	367	200	3:21.22	330		1 697	2
18.	200	3:15.64	359	100	1:32.49	336	"	" 695	2

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ALT-TIMING





" " . II

41.	200	3:22.87	322	100	-	06				<b>322</b>	2
42.	200	3:25.68	309			06				<b>309</b>	1
	200	3:25.61	309			07	"	"		<b>309</b>	1
44.	200	3:35.64	268	100	-	07				<b>268</b>	2
45.	100	1:40.36	263			06	"	"		<b>263</b>	1
46.	100	1:47.83	212			06	"	"		<b>212</b>	1

## 100+200

, 2002 - 2003											
1.	200	2:23.18	698	100	1:05.37	667	03			<b>1365</b>	2
2.	100	1:07.74	599	200	2:31.98	583	02		"	<b>1182'</b>	2
3.	200	2:30.54	600	100	1:09.36	558	03		"	<b>1158</b>	2
4.	200	2:30.87	596	100	1:09.39	558	02	/		<b>1154</b>	2
5.	100	1:08.18	588	200	2:34.28	557	02		"	<b>1145</b>	2
6.	200	2:32.85	573	100	1:10.97	521	03	"	" , .	<b>1094</b>	2
7.	100	1:10.85	524	200	2:39.34	506	02			<b>1030</b>	2
8.	200	2:35.35	546	100	1:12.92	480	03			<b>1026</b>	2
	200	2:36.95	529	100	1:12.09	497	03	"	"	<b>1026</b>	2
10.	200	2:41.67	484	100	1:12.78	483	02			<b>967 .</b>	2
11.	200	2:41.09	490	100	1:13.53	469	03	"	" .	<b>959</b>	2
12.	200	2:40.63	494	100	1:13.90	462	03			<b>956</b>	2
13.	100	1:13.03	478	200	2:43.34	470	02	"	"	<b>948</b>	2

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ALT-TIMING

" " . II

14.	100	1:11.03	520	200	2:51.79	404	02	"	"	.	924	2	
15.	200	2:43.07	472	100	1:15.48	433	03		"	"	-	905	2
16.	100	1:14.77	446	200	2:46.29	445	02					891	2
17.	100	1:14.89	443	200	2:46.72	442	02					885	2
18.	100	1:14.29	454	200	2:50.16	415	03		1			869	2
19.	100	1:15.65	430	200	2:49.10	423	02					853	2
20.	100	1:14.56	449	200	2:52.45	399	03					848	2
21.	100	1:16.16	422	200	2:50.88	410	03					832	2
22.	100	1:15.34	436	200	2:53.77	390	02		"	"		826	2
23.	100	1:15.38	435	200	2:54.01	388	02					823	2
24.	100	1:15.89	426	200	2:53.42	392	02					818	2
25.	100	1:14.87	444	200	3:00.35	349	03					793	2
26.	200	2:52.93	396	100	1:18.04	392	03					788	2
27.	100	1:17.61	398	200	2:54.16	387	02			/		785	2
28.	100	1:18.93	379	200	2:57.85	364	03					743	2
29.	100	1:19.40	372	200	2:57.53	366	03					738.	2
30.	200	2:57.48	366	100	1:20.40	358	03					724.	2
31.	100	1:19.84	366	200	3:02.94	334	02					700.	2
32.	100	1:19.84	366	200	3:03.25	332	03	"	"	.		698	2
33.	200	2:59.60	353	100	1:22.05	337	03		1	.		690	2
34.	200	3:02.06	339	100	1:21.93	339	03				"	678"	2
35.	200	3:01.90	340	100	1:22.06	337	03			/		677	2

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ALT-TIMING

" " . II

36.	100	1:21.90	339	200	3:02.62	336	03	1 .	675	2
37.	200	3:07.74	309	100	1:24.60	307	03		616	2
38.	200	3:09.40	301	100	1:25.96	293	03		594	2
39.	100	1:11.01	520	200		-	03	3	520	2
40.	200	3:19.48	258	100	1:32.03	239	03		497	2
41.	100	1:14.58	449				02	.	4495	1
42.	100	1:15.83	427				03	" , .	427	1
43.	100	1:17.35	402				03	" " .	402	1
44.	100	1:18.82	380				02		380	1
	100	1:18.86	380				03		380	1
46.	100	1:19.62	369				03		369	1
47.	100	1:19.92	365				02	.	365	1
48.	100	1:20.03	363				03	" , .	363	1
49.	100	1:21.21	348				02		348	1
50.	200	3:05.31	321	100		-	03	/	321	2
51.	100	1:25.63	296				02	1 .	296	1
52.	100	1:25.88	294				02		294	1
53.	100	1:26.57	287				03		287	1
54.	100	1:34.14	223				03		223	1

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ALT-TIMING

2004 - 2005

1.	200	2:31.64	587	100	1:09.64	552	04				1139	2
2.	100	1:11.75	504	200	2:42.19	480	04	"	"	.	984	2
3.	200	2:44.35	461	100	1:14.04	459	04				920	2
4.	200	2:44.35	461	100	1:15.23	437	04				898	2
5.	200	2:43.78	466	100	1:16.00	424	04				890	2
6.	200	2:45.23	454	100	1:17.45	401	04		"	"	855	2
7.	200	2:46.28	445	100	1:17.14	406	04				851	2
8.	200	2:48.50	428	100	1:17.47	401	05			3	829	2
9.	200	2:47.70	434	100	1:18.66	383	05		"	"	817	2
10.	200	2:53.34	393	100	1:18.14	390	04		1		783	2
11.	100	1:18.90	379	200	2:55.66	378	04		.		757	2
12.	200	2:55.76	377	100	1:19.22	375	04			"	752 "	2
13.	200	2:53.61	391	100	1:20.74	354	04				745	2
14.	200	2:55.81	377	100	1:19.79	367	05		"	"	744	2
15.	200	2:54.74	384	100	1:20.33	359	05		"	"	743	2
16.	200	2:55.67	377	100	1:20.61	355	05				732	2
17.	200	2:57.41	366	100	1:20.52	357	04				723	2
18.	100	1:20.30	360	200	2:58.68	359	04		"	"	719	2
19.	100	1:18.56	384	200	3:07.24	312	04				696	2
20.	200	2:57.17	368	100	1:23.14	324	04				692	2
21.	200	3:00.96	345	100	1:21.86	339	04		.		684	2



" " . II

44.	200	3:22.23	247	100	1:34.04	224	05			<b>471</b>	2
45.	200	3:20.58	253	100	1:35.44	214	05			<b>467</b>	2
46.	200	3:24.15	240	100	1:34.93	217	05			<b>457</b>	2
47.	100	1:16.09	423				04	.		<b>423</b>	1
48.	100	1:39.68	188	200	3:42.28	186	04			<b>374</b>	2
49.	100	1:19.61	369				04			<b>369</b>	1
50.	100	1:21.09	349				04	.		<b>349</b>	1
51.	100	1:21.36	346	200		-	05	1		<b>346</b>	2
52.	200	3:18.70	261	100		-	05			<b>261</b>	2
53.	200	3:19.02	259	100		-	05			<b>259</b>	2
54.	200	3:21.53	250	100		-	04			<b>250</b>	2
55.	100	1:32.64	234	200		-	05			<b>234</b>	2

## 100+200

, 2004 - 2005											
1.	100	59.20	680	200	2:11.12	639	05	"	"	<b>1319</b>	2
2.	100	58.89	690	200	2:12.52	619	05	"	" .	<b>1309</b>	2
3.	200	2:13.31	608	100	1:01.44	608	04	"	"	<b>1216</b>	2
4.	200	2:16.87	562	100	1:03.31	556	05	"	"	<b>1118</b>	2
5.	100	1:02.68	572	200	2:18.35	544	04	-	"	<b>1116"</b>	2
6.	200	2:16.19	570	100	1:04.83	517	04			<b>1087</b>	2
7.	100	1:03.07	562	200	2:20.12	524	05			<b>1086</b>	2

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ALT-TIMING

" " . II

8.	200	2:17.30	557	100	1:04.76	519	05	"	"	1076	2
9.	100	1:04.30	530	200	2:21.09	513	05			1043	2
10.	100	1:03.55	549	200	2:23.88	484	05	"	"	1033	2
11.	100	1:03.21	558	200	2:27.06	453	04			1011	2
12.	100	1:04.24	532	200	2:24.60	476	04			1008	2
13.	100	1:05.33	506	200	2:22.91	494	05	"	"	1000	2
14.	100	1:03.91	540	200	2:26.47	458	04			998	2
15.	200	2:22.25	501	100	1:06.18	486	04			987	2
16.	200	2:19.90	526	100	1:07.51	458	05		-5	984	2
17.	200	2:21.47	509	100	1:06.76	474	05			983	2
18.	100	1:05.24	508	200	2:26.51	458	04		" -	966	2
19.	100	1:06.00	490	200	2:25.37	469	04	"	"	959	2
20.	100	1:06.28	484	200	2:25.77	465	05			949	2
21.	200	2:24.78	475	100	1:06.80	473	05			948	2
22.	100	1:04.35	529	200	2:32.29	408	04			937	2
23.	100	1:06.58	478	200	2:26.79	455	05	"	"	933	2
24.	100	1:03.90	540	200	2:36.29	377	04	"	" .	917	2
25.	200	2:25.13	471	100	1:08.23	444	04	"	"	915	2
26.	100	1:05.33	506	200	2:32.23	408	04			914	2
27.	100	1:06.75	474	200	2:28.76	438	04			912	2
28.	100	1:07.63	456	200	2:28.11	443	04			899	2
29.	100	1:05.17	509	200	2:35.23	385	05	"	"	894	2

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

30.	100	1:07.36	461	200	2:29.74	429	04	"	"	890	2
31.	100	1:07.57	457	200	2:29.93	427	04	"	"	884	2
32.	100	1:07.56	457	200	2:30.38	424	04			881	2
33.	100	1:07.36	461	200	2:31.91	411	04			872	2
34.	200	2:27.45	449	100	1:09.43	421	05	35		870	2
35.	100	1:08.42	440	200	2:30.36	424	04			864	2
36.	200	2:29.41	432	100	1:08.87	431	04			863	2
37.	100	1:06.46	480	200	2:35.70	382	05			862	2
38.	100	1:06.96	469	200	2:34.55	390	04	"	" -	859	2
39.	200	2:29.21	434	100	1:09.33	423	04			857	2
40.	100	1:07.11	466	200	2:34.61	390	05		"	856	2
41.	200	2:29.11	434	100	1:09.71	416	04			850	2
42.	100	1:07.82	452	200	2:34.08	394	04			846	2
43.	100	1:08.95	430	200	2:32.81	404	05			834	2
44.	200	2:30.91	419	100	1:10.73	398	04			817	2
45.	100	1:09.89	413	200	2:35.40	384	05	-		797	2
46.	100	1:10.21	407	200	2:37.57	368	05			775	2
47.	100	1:11.76	381	200	2:36.96	372	04	"	"	753	2
48.	100	1:11.60	384	200	2:38.81	360	04	"	"	744	2
49.	100	1:10.74	398	200	2:42.22	337	05			735	2
50.	100	1:12.80	365	200	2:38.92	359	05			724	2
51.	200	2:40.65	347	100	1:15.05	333	05			680	2

" " , 50 .  
 , . 96

ALT-TIMING



" " . II

52.	100	1:13.96	348	200	2:45.48	318	05		666	2
53.	200	2:42.77	334	100	1:15.54	327	05		661	2
54.	100	1:01.25	614				04		614	1
55.	200	2:48.92	299	100	1:18.11	296	04	-	595	2
56.	100	1:02.85	568				04	" "	568	1
57.	100	1:03.21	558				05	" "	558	1
58.	100	1:18.29	294	200	2:59.27	250	04	"	544 "	2
59.	100	1:04.22	532				04	" "	532	1
60.	100	1:05.80	495				05	3	495	1
61.	100	1:07.20	464				04	"	" 464	1
62.	100	1:24.85	230	200	3:06.00	224	04		454	2
63.	100	1:07.82	452				05		452	1
64.	100	1:08.18	445				05		445 .	1
65.	200	2:27.99	444				04	"	444	1
66.	100	1:08.35	441				05	.	4415	1
67.	100	1:08.58	437				04	" "	437	1
68.	100	1:08.61	436				05		436	1
69.	200	2:29.15	434				05	-5	434	1
70.	100	1:08.93	430				04	"	" 430	1
71.	200	2:31.75	412				04		412	1
72.	100	1:10.77	398				04		398	1
73.	100	1:12.96	363	200		-	05	" "	363	2

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

74.	100	1:13.35	357	200	-	05				357	2
75.	100	1:13.89	349			04				349	1
76.	200	2:46.83	310			05				310	1
77.	200	2:51.84	284			05				284	1
78.	100	1:19.85	277			05				277	1
79.	100	1:22.44	251			04			"	251 "	1
, 2006 - 2007											
1.	100	1:04.89	516	200	2:24.87	474	06		"	990	2
2.	100	1:04.34	529	200	2:27.30	451	06		"	" 980	2
3.	100	1:05.80	495	200	2:24.52	477	06			972	2
4.	100	1:07.32	462	200	2:26.20	461	06			923	2
5.	100	1:08.49	439	200	2:30.20	425	06			864	2
6.	100	1:07.02	468	200	2:34.53	390	06			858	2
7.	100	1:08.27	443	200	2:31.97	410	07		" "	853	2
8.	200	2:32.19	409	100	1:10.81	397	06			806	2
9.	100	1:09.67	417	200	2:37.23	371	06		" "	788	2
10.	100	1:07.00	469	200	2:49.07	298	07			" 767 "	2
11.	100	1:11.57	384	200	2:37.31	370	07	"		" , . 754	2
12.	100	1:11.22	390	200	2:38.32	363	06			-5 753	2
13.	100	1:10.06	410	200	2:41.60	341	07			751	2
14.	200	2:36.42	376	100	1:12.60	368	06		" "	744	2
15.	100	1:11.72	382	200	2:39.42	355	06		" "	737	2

" " , 50 .

, . 96

ALT-TIMING

" " . II

16.	100	1:11.82	380	200	2:40.67	347	06	"	" , .	<b>727</b>	2
	100	1:11.09	392	200	2:42.67	335	07			<b>727</b>	2
18.	100	1:12.02	377	200	2:40.71	347	06	"	"	<b>724</b>	2
19.	100	1:12.80	365	200	2:38.98	358	06			<b>723</b>	2
20.	100	1:12.65	367	200	2:40.34	349	06	"	"	<b>716</b>	2
21.	100	1:13.08	361	200	2:40.74	347	07	"	"	<b>708</b>	2
	100	1:11.76	381	200	2:43.87	327	06	"	"	<b>708</b>	2
23.	200	2:38.57	361	100	1:14.39	342	06			<b>703</b>	2
24.	100	1:13.81	350	200	2:40.84	346	06	"	"	<b>696</b>	2
25.	100	1:13.22	359	200	2:42.49	336	07	"	"	<b>695</b>	2
26.	100	1:12.41	371	200	2:45.92	315	06		"	<b>686 "</b>	2
27.	100	1:11.76	381	200	2:47.86	304	06	"	"	<b>685</b>	2
28.	100	1:13.73	352	200	2:44.04	326	06			<b>678</b>	2
29.	100	1:14.46	341	200	2:43.05	332	07	"	" .	<b>673</b>	2
30.	100	1:12.48	370	200	2:48.28	302	06	"	" , .	<b>672</b>	2
31.	200	2:42.65	335	100	1:15.57	326	07		3	<b>661</b>	2
32.	100	1:14.71	338	200	2:51.06	288	07			<b>626</b>	2
33.	100	1:15.79	324	200	2:48.51	301	06	"	"	<b>625</b>	2
34.	100	1:16.70	312	200	2:47.97	304	06	"	"	<b>616</b>	2
35.	100	1:15.29	330	200	2:51.65	285	07	"	"	<b>615</b>	2
36.	100	1:15.98	321	200	2:50.64	290	07	"	"	<b>611</b>	2
37.	100	1:15.71	325	200	2:52.39	281	06			<b>606</b>	2

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

38.	100	1:17.31	305	200	2:50.16	292	06				597	2
39.	100	1:17.21	306	200	2:50.58	290	07	"	"		596	2
40.	100	1:17.43	303	200	2:50.84	289	07	"	"	.	592	2
41.	100	1:18.26	294	200	2:51.63	285	07	"	"		579	2
42.	200	2:49.35	296	100	1:19.62	279	07				575	2
43.	100	1:18.50	291	200	2:52.13	282	06				573	2
	200	2:51.02	288	100	1:19.05	285	07				573	2
45.	100	1:17.63	301	200	2:54.49	271	06				572	2
46.	200	2:50.85	289	100	1:20.51	270	07				559	2
47.	100	1:18.22	294	200	2:57.38	258	07	"	"		552	2
48.	200	2:53.39	276	100	1:21.25	263	06			"	539 "	2
49.	100	1:20.56	269	200	2:57.71	256	06				525	2
50.	100	1:21.23	263	200	2:56.97	260	06	"	"		523	2
51.	100	1:19.16	284	200	3:05.55	225	07			"	509 "	2
52.	100	1:22.08	255	200	3:02.65	236	07				491	2
53.	100	1:22.90	247	200	3:02.11	238	06			3	485	2
54.	100	1:23.52	242	200	3:04.72	228	07				470	2
55.	100	1:08.11	446				06	"	"	.	446	1
56.	100	1:25.21	228	200	3:13.23	199	06				427	2
57.	100	1:25.05	229	200	3:15.57	192	07			"	421 "	2
58.	100	1:26.40	218	200	3:12.26	202	06				420	2
59.	100	1:10.17	408				06				408	1

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

60.	100	1:12.43	371		06	.			<b>371</b>	1
61.	100	1:14.23	344		06	"	"		<b>344</b>	1
62.	100	1:14.31	343		06	.			<b>343</b>	1
63.	100	1:14.86	336		06	"	"		<b>336</b>	1
64.	100	1:16.22	318		06	"	"		<b>318</b>	1
65.	100	1:16.57	314		06				<b>314</b>	1
	100	1:16.54	314		07				<b>314</b>	1
67.	100	1:16.90	310	200	-	06			<b>310</b>	2
68.	100	1:17.12	307		07	"	"		<b>307</b>	1
69.	100	1:19.45	281		06	"	"		<b>281</b>	1
70.	100	1:19.59	279		06				<b>279</b>	1
71.	200	2:54.78	270		06				<b>270</b>	1
72.	100	1:21.81	257		07	"		", .	<b>257</b>	1
73.	100	1:22.31	253		07	"	"		<b>253</b>	1
74.	100	1:22.99	246		07	"	"		<b>246</b>	1
75.	200	3:02.60	236	100	-	07		"	<b>236"</b>	2
76.	100	1:24.90	230	200	-	06			<b>230</b>	2
	100	1:24.88	230		06	"	"		<b>230</b>	1
78.	100	1:26.72	216		07				<b>216</b>	1
79.	100	1:35.67	161		06				<b>161</b>	1

" " , 50 .  
 . , . 96

ALT-TIMING

100+200

2002 - 2003										
1.	100	53.69	666	200	1:57.77	649	02	" "	1315	2
2.	100	53.89	659	200	2:00.81	601	02		1260	2
3.	100	54.10	651	200	2:01.50	591	02	" "	1242	2
4.	100	55.11	616	200	2:00.03	613	03		1229	2
5.	100	54.23	647	200	2:04.79	546	02	"	1193	2
6.	100	55.29	610	200	2:02.79	573	02		1183	2
	100	55.36	608	200	2:02.65	575	03	" "	1183	2
8.	100	54.75	628	200	2:05.51	536	03	" "	1164	2
9.	100	54.75	628	200	2:06.54	523	02	" "	1151	2
10.	100	55.38	607	200	2:05.15	541	03		1148	2
11.	100	56.61	569	200	2:03.43	564	02		1133	2
12.	200	2:02.97	570	100	57.00	557	02	" "	1127	2
13.	100	56.07	585	200	2:05.14	541	03	" "	1126	2
14.	100	55.94	589	200	2:05.89	531	02	" "	1120	2
15.	200	2:03.40	564	100	57.61	539	02	" "	1103	2
16.	100	56.16	582	200	2:07.15	516	03		1098	2
17.	200	2:03.88	558	100	57.67	538	02	" "	1096	2
18.	100	57.22	551	200	2:06.19	528	02	" "	1079	2
19.	100	56.36	576	200	2:08.78	496	02	"	1072'	2
20.	100	55.67	598	200	2:11.83	463	03	" "	1061	2

" " . II

21.	100	57.45	544	200	2:08.41	501	03					1045	2	
22.	100	57.43	544	200	2:08.92	495	02				"	1039'	2	
23.	100	57.92	531	200	2:08.45	500	03					1031	2	
24.	200	2:06.60	522	100	58.94	504	03			"	"	1026	2	
25.	100	57.32	548	200	2:11.50	466	03			"	"	1014	2	
26.	200	2:03.23	567	100	1:02.03	432	02			"	" .	999	2	
27.	100	57.32	548	200	2:13.02	450	02					998	2	
28.	100	57.11	554	200	2:14.33	437	02			"	" .	991	2	
29.	100	58.47	516	200	2:10.94	472	02				.	988	2	
30.	100	57.49	543	200	2:14.00	441	02				/	984	2	
31.	100	57.54	541	200	2:14.43	436	03			"		" , .	977	2
32.	100	56.19	581	200	2:19.13	394	03			"		" .	975	2
33.	100	58.59	513	200	2:12.15	459	02			"		"	972	2
34.	100	57.89	532	200	2:15.85	423	03			"		"	955	2
	100	59.59	487	200	2:11.32	468	03						955	2
36.	100	58.81	507	200	2:13.42	446	03				"	"	953	2
	100	59.89	480	200	2:10.83	473	02			"		"	953	2
38.	100	59.43	491	200	2:12.64	454	03						945	2
39.	100	1:00.17	473	200	2:11.47	467	03						940	2
40.	100	59.91	480	200	2:12.29	458	03						938	2
41.	100	59.88	480	200	2:12.97	451	03						931	2
42.	200	2:10.95	472	100	1:00.96	455	03			"		"	927	2

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

43.	200	2:12.30	458	100	1:01.03	454	03	"	"	912	2
44.	100	58.06	527	200	2:20.41	383	02			910	2
45.	100	59.57	488	200	2:17.15	411	02	"	"	899	2
46.	100	58.41	518	200	2:21.14	377	02	"	"	895	2
47.	100	1:00.16	474	200	2:16.40	418	02			892	2
48.	100	1:00.70	461	200	2:15.30	428	03	"	"	889	2
49.	100	1:00.00	477	200	2:17.32	409	03			886	2
	100	1:00.27	471	200	2:16.74	415	03			886	2
	100	1:00.73	460	200	2:15.49	426	03			886	2
52.	100	1:00.50	466	200	2:16.57	416	03			882	2
53.	100	58.72	509	200	2:21.79	372	03			881	2
54.	100	1:00.72	461	200	2:17.30	410	03			871	2
55.	100	59.65	486	200	2:22.54	366	02		"	852 "	2
56.	100	1:02.45	423	200	2:16.48	417	03	"	"	840	2
57.	100	1:00.61	463	200	2:21.69	373	02	"	"	836	2
58.	100	1:01.63	440	200	2:20.56	382	03	"	"	822	2
59.	100	1:00.78	459	200	2:24.45	352	02			811	2
60.	100	1:02.15	430	200	2:21.76	372	02	-		802	2
61.	100	1:03.32	406	200	2:19.08	394	03	"	"	800	2
62.	100	1:01.58	442	200	2:25.20	346	02		/	788	2
63.	100	1:02.59	420	200	2:22.73	364	03			784	2
64.	100	1:02.69	418	200	2:23.21	361	02			779	2

" " , 50 .  
 . , . 96

ALT-TIMING



" " . II

65.	100	1:03.37	405	200	2:21.59	373	03				<b>778</b>	2
66.	100	1:03.05	411	200	2:24.20	353	03				<b>764</b>	2
67.	100	59.95	479	200	2:36.90	274	03				<b>753</b>	2
68.	100	1:03.80	397	200	2:24.00	355	03	"	"		<b>752</b>	2
69.	100	1:02.11	430	200	2:28.94	321	03			"	<b>751 "</b>	2
70.	100	1:01.40	445	200	2:35.29	283	03				<b>728</b>	2
71.	100	1:03.88	396	200	2:27.60	330	03			"	<b>726 "</b>	2
72.	100	1:06.31	354	200	2:34.04	290	02			"	<b>644 "</b>	2
73.	100	1:06.93	344	200	2:36.01	279	03				<b>623</b>	2
74.	100	1:08.27	324	200	2:33.21	295	03				<b>619</b>	2
75.	100	55.38	607				03		"		<b>" 607</b>	1
76.	100	56.10	584				02			"	<b>584</b>	1
77.	100	1:08.69	318	200	2:39.35	262	03				<b>580</b>	2
78.	100	56.34	577				03				<b>577</b>	1
79.	100	57.02	556				02	"	"	.	<b>556</b>	1
80.	100	57.38	546	200		-	03				<b>546</b>	2
81.	100	57.41	545				02	"	"	.	<b>545</b>	1
82.	100	1:10.12	299	200	2:44.89	236	03		/		<b>535</b>	2
83.	100	58.08	526				03	"	"	.	<b>526</b>	1
84.	100	58.12	525				03	"	"		<b>525</b>	1
85.	100	58.27	521				02	"	"	.	<b>521</b>	1
86.	200	2:07.42	512				03	"		" , .	<b>512</b>	1

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

						03	" "	512	1
100	58.63	512							
88.						03		506	1
100	58.84	506							
89.						03		497	2
100	1:13.99	254	200	2:43.26	243				
90.						03		488	1
100	59.57	488							
91.						02	3	479	1
100	59.93	479							
92.						02	.	467	1
100	1:00.44	467							
93.						03		463	1
100	1:00.63	463							
94.						02		461	1
100	1:00.71	461							
95.						02	" "	457	1
100	1:00.86	457							
						03		457	2
100	1:00.87	457	200	-					
97.						03	" "	453	1
100	1:01.05	453							
98.						03	" "	452	1
100	1:01.12	452							
99.						02	.	4365	1
100	1:01.82	436							
100.						03		433.	1
100	1:01.99	433							
101.						02		430	1
100	1:02.11	430							
102.						02		425	1
100	1:02.39	425							
103.						03		413.	1
100	1:02.99	413							
104.						02	1	412	1
100	1:03.00	412							
105.						02	" "	408	1
100	1:03.24	408							
106.						02		403	1
100	1:03.49	403							
107.						03	1	396	1
100	1:03.87	396							
108.						03	1	395	1
100	1:03.90	395							

" ", 50

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ALT-TIMING

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Splash Meet Manager, 11.54147	Registered to Siberian Federal District/Republic of Khakassia	17.06.2018 12:46 -	27

" " . II

13.	100	58.30	520	200	2:12.79	453	04	" "	973	2
14.	100	56.65	567	200	2:18.17	402	04	" "	969	2
	100	58.32	520	200	2:13.11	449	04		969	2
16.	100	58.96	503	200	2:13.32	447	04	3	950	2
17.	100	59.26	496	200	2:12.92	451	04		947	2
18.	100	59.25	496	200	2:15.66	425	04		921	2
19.	100	59.76	483	200	2:15.43	427	04		910	2
20.	100	1:00.46	467	200	2:14.59	435	04		902	2
21.	100	59.55	488	200	2:17.35	409	04	" "	897	2
22.	100	1:00.35	469	200	2:15.60	425	04		894	2
23.	100	1:00.81	459	200	2:15.23	429	04	" "	888	2
24.	100	1:00.53	465	200	2:17.67	406	04		871	2
25.	100	1:00.27	471	200	2:18.65	398	04		869	2
26.	100	1:02.34	426	200	2:16.84	414	04	" "	840	2
27.	100	1:01.38	446	200	2:19.15	393	04		839	2
28.	100	1:01.10	452	200	2:20.00	386	05	-5	838	2
	100	1:02.06	431	200	2:17.63	407	05	" "	838	2
30.	200	2:15.97	422	100	1:03.08	411	05	" "	833	2
31.	200	2:16.55	416	100	1:02.91	414	04		830	2
32.	100	1:00.97	455	200	2:21.58	373	04		828	2
33.	100	1:01.51	443	200	2:20.61	381	04		824	2
34.	100	1:02.53	422	200	2:18.28	401	04	" "	823	2

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						04	3	823	2
	100	1:02.13	430	200	2:19.24	393			
36.						04		822	2
	100	1:00.77	459	200	2:22.87	363			
37.						05		820	2
	100	1:02.71	418	200	2:18.18	402			
38.						04		799	2
	200	2:17.99	403	100	1:03.88	396			
39.						04		789	2
	100	1:03.47	403	200	2:20.08	386			
40.						04		778	2
	100	1:02.10	431	200	2:25.07	347			
41.						04		772	2
	100	1:03.40	405	200	2:22.37	367			
42.						04		758	2
	100	1:02.70	418	200	2:26.00	340			
43.						04		753	2
	100	1:04.59	383	200	2:22.06	370			
						04		753	2
	100	1:04.43	385	200	2:22.24	368			
45.						05		751	2
	200	2:20.15	385	100	1:05.58	366			
46.						04		746	2
	100	1:02.76	417	200	2:27.70	329			
47.						04		744	2
	100	1:04.91	377	200	2:22.37	367			
48.						04		742	2
	100	1:03.86	396	200	2:25.28	346			
49.						04	" "	739	2
	100	1:03.39	405	200	2:26.87	334			
						04		739	2
	100	1:04.18	390	200	2:24.79	349			
51.						04		735	2
	100	1:03.97	394	200	2:25.92	341			
52.						04		722	2
	100	1:05.68	364	200	2:23.62	358			
53.						04		719	2
	100	1:04.98	376	200	2:25.63	343			
54.						04		718	2
	100	1:05.20	372	200	2:25.27	346			
						05	" "	718	2
	100	1:05.92	360	200	2:23.52	358			
56.						05		712	2
	100	1:04.75	380	200	2:27.22	332			

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						04	"	" .	712	2
	100	1:04.74	380	200	2:27.30	332				
58.						05		/	708	2
	100	1:03.28	407	200	2:32.11	301				
59.						04			703	2
	100	1:04.53	384	200	2:29.16	319				
60.						05			687	2
	100	1:06.02	358	200	2:27.74	329				
61.						04			685	2
	100	1:05.89	360	200	2:28.28	325				
62.						04	"	" .	683	2
	100	1:05.97	359	200	2:28.46	324				
63.						04	-		680	2
	100	1:05.84	361	200	2:29.16	319				
64.						04			679	2
	100	1:06.09	357	200	2:28.81	322				
65.						04			674	2
	100	1:05.67	364	200	2:30.58	310				
66.						05			670	2
	100	1:06.94	344	200	2:28.10	326				
67.						05			3 666	2
	100	1:04.11	391	200	2:36.79	275				
68.						04			3 661	2
	100	1:05.41	368	200	2:33.41	293				
69.						05			660	2
	100	1:06.44	351	200	2:30.80	309				
70.						05			658	2
	100	1:06.12	357	200	2:32.14	301				
71.						05	"	"	657	2
	100	1:06.76	346	200	2:30.53	311				
72.						04			656	2
	100	1:07.50	335	200	2:28.86	321				
73.						05	"	" , .	646	2
	100	1:03.25	407	200	2:44.25	239				
74.						05			640	2
	100	1:06.89	344	200	2:32.90	296				
75.						04	"	"	638	2
	100	1:07.80	331	200	2:31.08	307				
						04	"	"	638	2
	100	1:07.62	333	200	2:31.50	305				
77.						05			632	2
	100	1:07.49	335	200	2:32.81	297				
78.						04	"	" -	631	2
	100	1:06.37	353	200	2:36.23	278				

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79.	200	2:26.49	337	100	1:10.56	293	04			630	2
	100	1:06.86	345	200	2:34.88	285	04			630	2
81.	100	1:06.91	344	200	2:35.44	282	05	-		626	2
82.	100	1:08.38	322	200	2:32.94	296	04	"	"	618	2
83.	200	2:30.28	312	100	1:09.67	305	05			617	2
84.	100	1:08.32	323	200	2:33.79	291	04			614	2
85.	100	1:07.55	334	200	2:36.33	277	05	"	"	611	2
86.	200	2:31.27	306	100	1:10.46	295	04			601	2
	100	1:09.49	307	200	2:33.36	294	05		/	601	2
88.	100	1:09.31	310	200	2:35.42	282	05			592	2
	200	2:32.88	296	100	1:10.38	296	05		/	592	2
90.	100	1:07.49	335	200	2:41.43	252	04			587	2
91.	100	1:08.51	321	200	2:38.65	265	05			3 586	2
92.	100	1:09.69	304	200	2:35.69	281	04			585	2
93.	100	1:09.55	306	200	2:36.19	278	05			584	2
94.	100	1:09.19	311	200	2:37.26	272	05	1 .		583	2
95.	100	1:10.42	295	200	2:35.78	280	04			575	2
96.	200	2:34.58	287	100	1:11.42	283	04			570	2
97.	200	2:35.42	282	100	1:11.54	281	05	"	"	563	2
98.	100	1:11.09	287	200	2:38.64	265	04			3 552	2
99.	200	2:35.80	280	100	1:12.99	265	05			545	2
100.	100	1:10.86	290	200	2:41.77	250	05			540	2

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101.	100	1:11.47	282	200	2:41.39	252	05	" "	534	2
102.	200	2:38.02	268	100	1:12.97	265	05		533	2
103.	100	1:14.12	253	200	2:42.77	246	05		499	2
104.	100	1:13.63	258	200	2:45.16	235	05		493	2
105.	100	1:14.83	246	200	2:44.08	240	05		486	2
106.	100	1:13.92	255	200	2:47.04	227	04		482	2
107.	100	1:14.19	252	200	2:47.14	227	05		479	2
108.	100	1:15.37	241	200	2:46.01	231	04		472	2
109.	100	1:00.46	467	200		-	04		467	2
110.	100	1:15.25	242	200	2:48.48	221	05		463	2
111.	100	1:01.15	451				04		451	1
112.	100	1:01.51	443				04		443	1
113.	200	2:47.89	224	100	1:17.97	217	05		441	2
114.	100	1:01.68	439	200		-	04	" "	439	2
115.	100	1:01.75	438				04	" "	438	1
	200	2:49.19	219	100	1:17.77	219	05		438	2
117.	100	1:01.97	433	200		-	04		433	2
118.	200	2:49.97	216	100	1:19.28	207	05		423	2
119.	100	1:15.72	237	200	3:00.83	179	04		416	2
120.	200	2:53.25	204	100	1:20.73	196	05		400	2
	100	1:19.61	204	200	2:55.52	196	05		400	2
122.	100	1:20.12	200	200	2:55.61	195	05		395	2

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123.	100	1:04.49	384			05				<b>384</b>	1
124.	200	2:21.59	373			04	.			<b>373</b>	1
125.	100	1:05.23	371			05		"		<b>371</b>	1
126.	100	1:06.36	353	200	-	04			3	<b>353</b>	2
127.	100	1:06.88	345			05	.			<b>345</b>	1
128.	100	1:07.33	338	200	-	05				<b>338</b>	2
129.	100	1:07.57	334			05				<b>334</b>	1
130.	100	1:08.33	323			04		"	" -	<b>323</b>	1
131.	100	1:25.19	166	200	3:10.65	05				<b>319</b>	2
132.	100	1:09.08	313			04	.			<b>313</b>	1
133.	100	1:09.52	307			04				<b>307</b>	1
134.	200	2:31.43	305	100	-	04				<b>305</b>	2
135.	200	2:32.87	297			05				<b>297</b>	1
136.	100	1:11.12	286			05				<b>286</b>	1
137.	200	2:35.08	284	100	-	04		/		<b>284</b>	2
138.	100	1:11.53	282			05				<b>282</b>	1
139.	100	1:11.91	277			04				<b>277</b>	1
140.	100	1:12.28	273			05		"	"	<b>273</b>	1
141.	100	1:12.78	267			04			3	<b>267</b>	1
142.	100	1:13.01	265			05				<b>265</b>	1
143.	100	1:13.72	257			05				<b>257</b>	1
144.	200	2:41.42	252			05				<b>252</b>	1

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" " . II

145.	100	1:15.03	244	04	244	1
146.	200	2:44.88	236	05	236	1
147.	100	1:16.35	231	05	231	1
148.	100	1:17.09	225	04	225	1
149.	100	1:17.28	223	05	223	1
150.	200	2:52.30	207	05	207	1
151.	100	1:22.15	186	05	186	1

## 100+200

2004 - 2005						
1.	100	1:06.43	669	200	2:24.63	631
2.	100	1:08.97	598	200	2:29.65	569
3.	200	2:28.75	580	100	1:10.53	559
4.	100	1:10.86	551	200	2:31.38	550
5.	200	2:30.18	563	100	1:11.80	530
6.	100	1:11.42	538	200	2:33.53	527
7.	200	2:31.86	545	100	1:12.37	517
8.	100	1:11.23	543	200	2:35.38	508
9.	100	1:11.50	537	200	2:36.57	497
	100	1:11.37	540	200	2:36.85	494
11.	100	1:12.79	509	200	2:39.65	469
12.	100	1:13.99	484	200	2:40.51	461

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13.	100	1:13.78	488	200	2:41.40	454	04	942	2
	100	1:13.02	504	200	2:43.28	438	05	942	2
15.	100	1:13.97	485	200	2:42.99	440	05	925	2
16.	200	2:42.14	447	100	1:16.49	438	05	885	2
17.	100	1:12.44	516	200	2:53.16	367	04	883	2
18.	100	1:15.77	451	200	2:45.38	422	04	873	2
19.	100	1:15.78	451	200	2:46.23	415	04	866	2
20.	100	1:17.75	417	200	2:47.98	402	05	819	2
21.	200	2:46.98	410	100	1:20.71	373	04	783	2
22.	200	2:49.61	391	100	1:19.64	388	05	779	2
23.	100	1:17.26	425	200	2:56.54	347	04	772	2
24.	100	1:19.17	395	200	2:53.36	366	05	761	2
25.	200	2:49.16	394	100	1:21.89	357	04	751	2
26.	200	2:51.53	378	100	1:21.30	365	05	743	2
27.	100	1:21.24	366	200	2:58.22	337	05	703	2
28.	100	1:22.99	343	200	2:57.69	340	04	683	2
29.	100	1:26.59	302	200	3:06.13	296	05	598	2
30.	200	2:30.24	563	100	-		05	563	2
31.	100	1:13.32	498				04	498	1
32.	200	2:39.68	468				04	468	1
33.	100	1:17.24	426				04	426	1
34.	200	2:51.01	381	100	-		04	381	2

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35.	100	1:20.81	372			05				<b>372</b>	1
36.	200	2:59.04	332			04	"		" , .	<b>332</b>	1
37.	100	1:24.22	328	200	-	05				<b>328</b>	2
, 2006 - 2007											
1.	100	1:15.88	449	200	2:43.39	07		"	"	<b>886</b>	2
2.	100	1:17.46	422	200	2:45.41	06				<b>843</b>	2
3.	200	2:44.68	427	100	1:18.08	06		"	"	<b>839</b>	2
4.	100	1:17.65	419	200	2:47.65	06	-			<b>824</b>	2
5.	100	1:15.98	447	200	2:52.25	06		"	" .	<b>820</b>	2
6.	200	2:47.44	406	100	1:18.53	06			.	<b>811</b>	2
	100	1:18.32	408	200	2:47.92	06		"	"	<b>811</b>	2
8.	200	2:48.32	400	100	1:19.52	06				<b>790</b>	2
9.	100	1:18.62	403	200	2:51.05	06				<b>784. .</b>	2
10.	100	1:17.89	415	200	2:53.46	06	"		" , .	<b>780</b>	2
11.	100	1:19.47	391	200	2:51.84	06	"		" , .	<b>767</b>	2
12.	100	1:19.70	387	200	2:51.28	06				<b>766</b>	2
13.	100	1:20.60	374	200	2:53.62	06			.	<b>738</b>	2
14.	100	1:21.21	366	200	2:53.60	06				<b>730</b>	2
15.	100	1:21.34	364	200	2:55.61	06			.	<b>716</b>	2
16.	100	1:21.36	364	200	2:55.74	07	"		" , .	<b>715</b>	2
17.	100	1:22.24	352	200	2:55.64	06				<b>704. .</b>	2
18.	100	1:22.13	354	200	2:56.20	06		"	"	<b>703</b>	2

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19.	100	1:21.50	362	200	2:58.02	338	07	.	700	2
20.	100	1:22.76	346	200	2:56.85	345	07		691	2
21.	200	2:56.52	347	100	1:23.56	336	07	" , .	683	2
22.	200	2:58.47	335	100	1:24.33	327	06	" "	662	2
23.	100	1:24.45	325	200	3:02.26	315	07	" , .	640	2
	100	1:24.67	323	200	3:01.91	317	06		640	2
25.	200	3:02.44	314	100	1:25.80	310	06		624	2
26.	100	1:25.46	314	200	3:04.20	305	07	" "	619	2
27.	200	2:59.95	327	100	1:28.61	282	07	" "	609	2
28.	200	3:03.40	309	100	1:28.63	281	06		590	2
29.	200	3:07.88	287	100	1:29.50	273	07		560	2
30.	100	1:28.19	286	200	3:11.04	273	07		559	2
31.	200	3:05.83	297	100	1:31.59	255	07	" "	552	2
32.	200	3:10.16	277	100	1:31.58	255	07	" "	532	2
33.	200	3:16.62	251	100	1:32.99	244	07		495	2
	200	3:14.70	258	100	1:33.81	237	07		495	2
35.	100	1:32.87	245	200	3:19.44	240	06		485	2
36.	200	3:18.09	245	100	1:33.55	239	07	" " .	484	2
37.	200	3:20.26	237	100	1:34.89	229	07		466	2
38.	200	3:21.80	232	100	1:34.92	229	07	" "	461	2
39.	100	1:23.18	341				06	-5	341	1
40.	100	1:24.80	321	200	-		06	" "	321	2

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41.	100	1:25.79	310	07				<b>310</b>	1
42.	100	1:29.54	273	07		"	"	<b>273</b>	1
43.	200	3:11.53	271	07		"	"	<b>271</b>	1
44.	200	3:14.96	257	06			3	<b>257</b>	1
45.	200	3:16.74	250	07				<b>250</b>	1

## 100+200

2002 - 2003										
1.	100	1:00.36	633	200	2:14.26	579	03	" "	1212	2
2.	100	1:00.97	615	200	2:17.04	544	03	" "	1159	2
3.	100	1:02.13	581	200	2:15.92	558	02	" "	1139	2
4.	100	1:02.29	576	200	2:17.45	539	02	"	1115	2
5.	100	1:02.19	579	200	2:18.93	522	03	3	1101	2
6.	200	2:16.33	553	100	1:03.69	539	03		1092	2
7.	100	1:03.69	539	200	2:20.52	505	03		1044	2
8.	100	1:04.67	515	200	2:20.27	507	02		1022	2
9.	200	2:20.25	508	100	1:05.20	502	02	"	1010'	2
10.	100	1:05.05	506	200	2:21.20	497	03	" "	1003	2
11.	100	1:04.81	512	200	2:24.54	464	02	3	976	2
12.	100	1:05.25	501	200	2:24.75	462	03		963	2
13.	100	1:06.12	482	200	2:23.58	473	02	" "	955	2
14.	100	1:06.13	482	200	2:23.88	470	03		952	2

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"						". II		
15.	100	1:05.27	501	200	2:26.23	448	02	1 . 949 2
16.	100	1:06.44	475	200	2:24.19	467	03	942 2
17.	200	2:23.80	471	100	1:07.65	450	03	" , . 921 2
18.	100	1:07.12	460	200	2:27.35	438	03	898 2
19.	100	1:07.69	449	200	2:29.11	422	03	" , . 871 2
20.	100	1:08.16	440	200	2:29.03	423	03	863. . 2
21.	100	1:08.36	436	200	2:31.71	401	02	837 2
22.	100	1:08.98	424	200	2:33.55	387	02	/ 811 2
23.	200	2:30.80	408	100	1:10.40	399	03	807 2
24.	200	2:32.31	396	100	1:11.46	381	03	" " 777 2
25.	100	1:11.40	382	200	2:38.47	352	02	734 2
26.	200	2:36.26	367	100	1:12.95	359	03	" " - 726 2
27.	100	1:12.83	360	200	2:37.62	358	03	718 2
28.	200	2:37.81	356	100	1:14.50	337	03	" " 693 2
29.	100	1:12.91	359	200	2:43.75	319	03	678 2
30.	100	1:14.66	334	200	2:43.49	320	03	1 . 654 2
31.	200	2:42.19	328	100	1:18.12	292	03	" 620 " 2
32.	100	1:05.98	485				02	485 1
33.	200	3:03.34	227	100	1:25.87	220	03	447 2
34.	100	1:08.74	429				02	429 1
35.	200	2:29.80	417	100		-	03	417 2
36.	100	1:09.55	414				02	. 414 1

" " . II

37.	200	2:33.27	389			03		<b>389</b>	1
38.	200	2:36.49	365	100	-	03		<b>365</b>	2
39.	100	1:12.56	364			03		<b>364</b>	1
40.	200	2:42.03	329			03		<b>329</b>	1
41.	200	2:44.98	312	100	-	02		<b>312</b>	2
42.	100	1:17.42	300			02		<b>300</b>	1
43.	100	1:18.42	289			02		<b>289</b>	1
44.	200	2:54.40	264			03		<b>264</b>	1
45.	100	1:23.46	239			03		<b>239</b>	1
46.	200	3:09.97	204	100	-	03		<b>204</b>	2
, 2004 - 2005									
1.	100	1:03.84	535	200	2:19.05	521	04	<b>1056</b>	2
2.	100	1:06.78	468	200	2:28.64	426	04	<b>894</b>	2
3.	100	1:07.07	462	200	2:28.24	430	05	<b>892</b>	2
4.	100	1:06.71	469	200	2:29.72	417	04	<b>886</b>	2
5.	100	1:07.83	446	200	2:27.70	435	04	<b>881</b>	2
6.	100	1:08.16	440	200	2:27.33	438	04	3 <b>878</b>	2
7.	100	1:09.08	422	200	2:29.20	422	04	" "	<b>844</b> 2
8.	100	1:08.73	429	200	2:30.36	412	04	" "	<b>841</b> 2
9.	100	1:08.61	431	200	2:31.00	407	04	<b>838</b>	2
10.	100	1:09.28	419	200	2:29.75	417	05	<b>836</b>	2
11.	100	1:08.81	427	200	2:30.95	407	04	<b>834</b>	2

" ", 50

. , . 96

ALT-TIMING



" " . II

12.	100	1:10.90	391	200	2:33.89	384	04	" "	775	2
13.	200	2:34.75	378	100	1:11.95	374	05		752	2
14.	100	1:11.29	384	200	2:36.53	365	04		749	2
	100	1:11.39	383	200	2:36.40	366	04		749	2
16.	200	2:34.34	381	100	1:12.68	363	05		744	2
17.	200	2:35.90	369	100	1:12.32	368	04	/	737	2
18.	200	2:38.13	354	100	1:13.31	353	04		707	2
19.	200	2:38.08	354	100	1:13.46	351	05	1 .	705	2
20.	200	2:39.19	347	100	1:14.28	340	04	" " -	687	2
21.	200	2:39.95	342	100	1:14.32	339	04	3	681	2
22.	200	2:39.34	346	100	1:15.22	327	04		673	2
23.	200	2:40.56	338	100	1:15.23	327	04	-	665	2
24.	200	2:40.87	336	100	1:16.21	314	05	" "	650	2
25.	200	2:40.03	342	100	1:17.18	303	04		645	2
26.	100	1:16.01	317	200	2:44.50	314	05		631	2
27.	100	1:15.84	319	200	2:45.83	307	05		626	2
28.	200	2:44.21	316	100	1:16.82	307	05		623	2
29.	200	2:46.70	302	100	1:18.41	289	04	" "	591	2
30.	200	2:47.42	298	100	1:18.32	290	04		588	2
31.	200	2:44.96	312	100	1:19.65	275	04		587	2
32.	200	2:48.30	294	100	1:18.90	283	04	" "	577	2
33.	200	2:45.13	311	100	1:20.70	265	04	-	576	2

" ", 50 .

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ALT-TIMING

"						". II					
34.	200	2:47.53	298	100	1:20.03	271	05	"	"	569	2
35.	200	2:50.86	281	100	1:19.46	277	05			558	2
36.	200	2:51.13	279	100	1:19.54	277	04		3	556	2
37.	100	1:19.42	278	200	2:52.89	271	05	-		549	2
38.	200	2:54.62	263	100	1:26.44	215	05			478	2
39.	200	2:59.00	244	100	1:24.62	230	05			474	2
40.	200	2:25.34	456	100		-	04	1		456	2
41.	200	2:27.52	436	100		-	04		"	" 436	2
42.	200	3:06.82	215	100	1:28.33	202	05			417	2
43.	100	1:09.75	410	200		-	05			410	2
44.	100	1:10.62	395	200		-	04	"	"	395	2
45.	200	3:10.44	202	100	1:32.42	176	05			378	2
46.	100	1:12.87	360				04			360	1
47.	100	1:13.00	358				04			358	1
48.	100	1:15.23	327	200		-	05			327	2
49.	100	1:18.88	284				05			284	1
50.	200	2:59.01	244				05	"	"	244	1
51.	100	1:23.10	242	200		-	04			242	2
52.	100	1:25.31	224	200		-	05			224	2
	100	1:25.33	224				05			224	1
54.	100	1:26.84	212				05			212	1
55.	100	1:27.54	207				04			207	1

" " . II

56.	100	1:29.12	196	05	196	1
57.	100	1:31.23	183	05	183	1
58.	100	1:31.51	181	05	181	1

## 200+200

, 2006 - 2007						
1.	200	2:38.19	506	200	2:38.87	500
2.	200	2:38.37	505	200	2:40.59	484
3.	200	2:42.27	469	200	2:42.95	463
4.	200	2:42.77	465	200	2:43.74	456
5.	200	2:47.96	423	200	2:49.64	410
6.	200	2:49.35	413	200	2:49.78	409
7.	200	2:49.58	411	200	2:49.85	409
8.	200	2:47.72	425	200	2:52.62	390
9.	200	2:50.75	402	200	2:52.62	390
10.	200	2:51.32	398	200	2:53.12	386
11.	200	2:51.32	398	200	2:54.01	380
12.	200	2:51.50	397	200	2:56.42	365
13.	200	2:54.02	380	200	2:54.05	380
14.	200	2:54.18	379	200	2:56.35	365
15.	200	2:55.06	373	200	2:57.02	361
16.	200	2:56.26	366	200	2:56.76	363

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

17.	200	2:56.57	364	200	2:56.91	362	06	"	"	726	2
18.	200	2:55.69	369	200	2:58.25	354	06			723	2
19.	200	2:56.74	363	200	2:58.64	351	06	"	" .	714	2
20.	200	2:57.81	356	200	3:00.02	343	06	"	"	699	2
21.	200	2:59.16	348	200	2:59.30	348	06	"	"	696	2
22.	200	2:57.78	357	200	3:02.80	328	06	"	" .	685	2
23.	200	3:00.48	341	200	3:00.91	338	07	"	"	679	2
24.	200	3:01.14	337	200	3:02.97	327	06	"	" .	664	2
25.	200	3:00.49	341	200	3:05.04	316	06		.	657	2
26.	200	3:03.86	322	200	3:07.56	304	07			3 626	2
27.	200	3:05.47	314	200	3:06.15	311	07			625	2
	200	3:05.40	314	200	3:06.12	311	07	"	"	625	2
	200	3:05.58	313	200	3:05.76	312	06	,		625	2
30.	200	3:03.24	326	200	3:09.35	295	07	"	" , .	621	2
31.	200	3:06.61	308	200	3:06.74	308	07	"	"	616	2
32.	200	3:05.96	311	200	3:07.79	302	07	"	" , .	613	2
33.	200	3:07.47	304	200	3:09.56	294	06	"	"	598	2
34.	200	3:09.02	297	200	3:09.00	297	06	1		594	2
35.	200	3:07.68	303	200	3:13.55	276	07	"	"	579	2
36.	200	3:09.29	295	200	3:13.94	275	07	"	"	570	2
37.	200	3:11.68	284	200	3:14.50	272	06			556	2
38.	200	3:17.89	258	200	3:18.41	256	06		"	514 "	2

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

39.	200	3:18.04	258	200	3:20.37	249	06			<b>507</b>	2
40.	200	3:24.28	235	200	3:26.38	228	06			<b>463</b>	2
41.	200	2:51.44	398				06			<b>398</b>	1
42.	200	2:55.83	369				06	.		<b>369</b>	1
43.	200	2:58.68	351				06	.		<b>351</b>	1
44.	200	3:02.12	332				07			<b>332</b>	1
45.	200	3:02.28	331	200	-		07			<b>331</b>	2
46.	200	3:04.04	321				06	"	" , .	<b>321</b>	1
47.	200	3:04.40	319				07	"	"	<b>319</b>	1
48.	200	3:06.32	310				07	.		<b>310</b>	1
49.	200	3:06.79	307				07	"	"	<b>307</b>	1
50.	200	3:07.41	304				07	"	"	<b>304</b>	1
51.	200	3:08.49	299				07			<b>299</b>	1
52.	200	3:08.73	298				07	"	" , .	<b>298</b>	1
53.	200	3:11.62	285				06	"	"	<b>285</b>	1
54.	200	3:11.91	283				06			<b>283</b>	1
55.	200	3:12.57	280				07	"	"	<b>280</b>	1
56.	200	3:13.33	277				06			<b>277</b>	1
57.	200	3:14.12	274	200	-		06			<b>274</b>	2
58.	200	3:14.96	270				06			<b>270</b>	1
59.	200	3:16.26	265				07	"	"	<b>265</b>	1
60.	200	3:16.44	264				06			<b>264</b>	1

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

61.	200	3:17.48	260	07	"	"	260	1
62.	200	3:17.83	259	06			259	1
	200	3:17.83	259	06			259	1
64.	200	3:19.39	253	07			253	1
65.	200	3:20.08	250	07	"	"	250	1
66.	200	3:24.18	235	07			235	1
	200	3:24.16	235	06	"	"	235	1
68.	200	3:24.66	234	07	"	"	234	1
69.	200	3:28.22	222	06			222	1
70.	200	3:29.32	218	07			218	1
71.	200	3:31.02	213	06			213	1

## 200+200

, 2004 - 2005								
1.	200	2:15.99	589	200	2:17.04	575	04	1164 2
2.	200	2:19.38	547	200	2:19.78	542	04	1089 2
3.	200	2:22.84	508	200	2:23.47	501	05	1009 2
4.	200	2:23.79	498	200	2:24.05	495	05	993 2
5.	200	2:25.07	485	200	2:25.90	477	04	" " , . 962 2
6.	200	2:25.08	485	200	2:26.73	468	04	3 953 2
7.	200	2:27.05	465	200	2:27.32	463	04	928 2
8.	200	2:27.32	463	200	2:27.38	462	04	925 2

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

	200	2:27.31	463	200	2:27.37	462	04	"	925	2
10.	200	2:26.66	469	200	2:28.85	449	04		918	2
11.	200	2:24.30	493	200	2:32.90	414	05	" "	907	2
12.	200	2:27.37	462	200	2:29.59	442	04		904	2
13.	200	2:27.11	465	200	2:30.62	433	05	" "	898	2
14.	200	2:29.78	440	200	2:30.16	437	04		877	2
15.	200	2:30.08	438	200	2:30.34	436	04		874	2
16.	200	2:31.60	425	200	2:32.86	414	05	" "	839	2
17.	200	2:31.97	422	200	2:34.38	402	04		824	2
18.	200	2:33.74	407	200	2:34.11	404	04		811	2
19.	200	2:34.01	405	200	2:34.32	403	04	3	808	2
20.	200	2:31.10	429	200	2:37.55	378	05		807	2
21.	200	2:33.16	412	200	2:36.84	384	05	" "	796	2
22.	200	2:35.51	393	200	2:35.58	393	04	"	786 "	2
	200	2:34.66	400	200	2:36.47	386	04	.	786	2
24.	200	2:35.69	392	200	2:36.10	389	05	3	781	2
25.	200	2:35.32	395	200	2:36.66	385	05	" "	780	2
26.	200	2:32.58	417	200	2:40.27	359	04		776	2
27.	200	2:36.86	383	200	2:37.59	378	04	" "	761	2
28.	200	2:37.37	380	200	2:37.53	378	05	" "	758	2
29.	200	2:37.37	380	200	2:38.53	371	04		751	2
30.	200	2:37.01	382	200	2:39.50	365	05		747	2

" ", 50 .  
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ALT-TIMING

"						". II					
31.	200	2:37.12	381	200	2:41.14	354	05	"	"	735	2
32.	200	2:39.43	365	200	2:40.18	360	04			725	2
33.	200	2:38.82	369	200	2:40.92	355	04	"	" .	724	2
34.	200	2:39.09	367	200	2:41.70	350	04	"	"	717	2
35.	200	2:40.16	360	200	2:41.32	352	05			712	2
36.	200	2:40.45	358	200	2:41.17	353	05	"	"	711	2
37.	200	2:39.86	362	200	2:42.79	343	04			705	2
38.	200	2:41.03	354	200	2:44.24	334	05	1 .		688	2
39.	200	2:42.12	347	200	2:44.71	331	04			678	2
	200	2:42.64	344	200	2:44.19	334	05			678	2
41.	200	2:42.33	346	200	2:45.39	327	04	"	" .	673	2
42.	200	2:42.24	346	200	2:45.62	326	04			672	2
43.	200	2:44.55	332	200	2:45.35	327	05	"	" , .	659	2
44.	200	2:46.02	323	200	2:46.40	321	04			644	2
45.	200	2:46.09	323	200	2:47.89	313	05			636	2
46.	200	2:46.04	323	200	2:48.21	311	04	"	"	634	2
47.	200	2:46.33	321	200	2:50.00	301	05		3	622	2
48.	200	2:48.77	308	200	2:49.07	306	04	"	"	614	2
49.	200	2:48.53	309	200	2:50.03	301	04	"	"	610	2
50.	200	2:49.08	306	200	2:50.17	300	04			606	2
51.	200	2:49.47	304	200	2:50.33	299	04		.	603	2
	200	2:45.99	323	200	2:54.13	280	05		/	603	2



" " . II

53.	200	2:49.77	302	200	2:50.32	299	05				601	2
54.	200	2:50.47	299	200	2:51.53	293	05	"	"		592	2
55.	200	2:49.44	304	200	2:54.60	278	05	1			582	2
56.	200	2:48.20	311	200	2:56.92	267	04				578	2
57.	200	2:52.27	289	200	2:52.87	286	05			3	575	2
58.	200	2:52.41	289	200	2:55.86	272	04	"	"		561	2
59.	200	2:53.57	283	200	2:55.79	272	05				555	2
60.	200	2:55.32	274	200	2:55.76	272	04				546	2
61.	200	2:54.35	279	200	2:57.97	262	04			3	541	2
62.	200	2:55.80	272	200	2:57.70	264	05				536	2
63.	200	2:56.35	270	200	2:58.68	259	05		"		" 529	2
	200	2:57.28	265	200	2:57.49	264	05				529	2
65.	200	2:57.88	263	200	2:59.87	254	05	"	"		517	2
66.	200	2:57.37	265	200	3:00.72	251	05	"	"		516	2
67.	200	3:00.82	250	200	3:07.44	224	04				474	2
68.	200	3:06.06	230	200	3:09.88	216	05		.		446	2
69.	200	2:30.20	437	200	-	-	04			3	437	2
	200	2:30.17	437	200	-	-	05	"	"		437	2
71.	200	2:32.74	415				04	"	"	.	415	1
72.	200	2:34.92	398				04		"		" 398	1
	200	2:34.88	398				04		.		398	1
74.	200	2:35.22	396				04				396.	1

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ALT-TIMING

" " . II

75.	200	2:36.31	387		04				<b>387</b>	1
76.	200	2:37.87	376		04				<b>376</b>	1
77.	200	2:38.20	374		04		.		<b>374</b>	1
78.	200	2:38.63	371	200	05	-			<b>371</b>	2
	200	2:38.61	371	200	04	-			<b>371</b>	2
80.	200	2:40.54	358		04				<b>358</b>	1
81.	200	2:40.98	355		05		.		<b>355</b>	1
82.	200	2:42.79	343		04				<b>343</b>	1
83.	200	2:44.57	332		05				<b>332</b>	1
	200	2:44.63	332		04				<b>332</b>	1
85.	200	2:47.48	315		04		"	" -	<b>315</b>	1
86.	200	2:48.02	312		05		"	"	<b>312</b>	1
87.	200	2:48.85	307		05				<b>307</b>	1
88.	200	2:49.35	305		04				<b>305</b>	1
89.	200	2:49.77	302		05		/		<b>302</b>	1
90.	200	2:50.05	301		04				<b>301</b>	1
91.	200	2:52.54	288		04				<b>288</b>	1
92.	200	2:53.56	283	200	05	"		", .	<b>283</b>	2
93.	200	2:55.91	272		05		"	"	<b>272</b>	1
94.	200	2:56.24	270		05				<b>270</b>	1
95.	200	2:56.97	267		05				<b>267</b>	1
96.	200	2:58.14	262		04		1		<b>262</b>	1

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ALT-TIMING

			"	". II		
				04	3	262
200	2:58.00	262				1
98.				05		261
200	2:58.25	261				1
99.				04		253
200	3:00.19	253	200	-		2
				05		253
200	3:00.12	253				1
101.				05		249
200	3:01.13	249				1
102.				04		248
200	3:01.32	248				1
103.				05		245
200	3:02.02	245				1
104.				05		238
200	3:03.80	238				1
105.				05		236
200	3:04.34	236				1
106.				05		232
200	3:05.50	232				1
107.				05		228
200	3:06.35	228				1
108.				04		208
200	3:12.15	208				1
109.				04		201
200	3:14.39	201				1
110.				05		197
200	3:15.63	197				1

, 2004 - 2005											
1.	200	2:25.77	647	400	5:14.48	607	05	"	"	1254	2
2.	200	2:30.45	589	400	5:18.52	584	05	"	"	1173	2
3.	200	2:33.47	554	400	5:35.70	499	04		"	1053	2
4.	200	2:34.05	548	400	5:34.51	504	04			1052	2
5.	400	5:31.77	517	200	2:38.92	499	04			1016	2

" " . II

6.	200	2:37.31	515	400	5:37.15	493	05	" "	1008	2
7.	200	2:36.95	518	400	5:38.75	486	05	.	1004	2
8.	200	2:38.28	505	400	5:39.30	483	04		988	2
9.	200	2:39.86	491	400	5:47.72	449	05		940	2
10.	400	5:41.28	475	200	2:42.97	463	04	" "	938	2
11.	200	2:43.06	462	400	5:45.23	459	04		921	2
12.	400	5:45.28	459	200	2:44.60	449	04		908	2
13.	200	2:44.01	454	400	5:46.67	453	04		907	2
14.	200	2:43.95	455	400	5:49.57	442	04		897	2
15.	200	2:44.60	449	400	5:54.56	423	05		872	2
16.	200	2:44.95	446	400	5:54.78	423	05	35	869	2
17.	200	2:46.29	436	400	5:56.49	417	04		853	2
18.	200	2:46.36	435	400	5:58.48	410	05		845	2
19.	200	2:46.64	433	400	6:03.00	395	05	" "	828	2
20.	200	2:50.01	408	400	6:00.61	402	05		810	2
21.	200	2:49.08	415	400	6:06.93	382	05	-5	797	2
22.	200	2:53.60	383	400	6:09.86	373	05		756	2
23.	200	2:51.96	394	400	6:16.62	353	05	" "	747	2
24.	400	6:17.28	351	200	3:02.62	329	05		680	2
	200	2:58.23	354	400	6:26.68	326	05		680	2
26.	200	2:35.09	537				05	" " .	537	1
27.	200	2:39.11	498				04		498	1

" " , 50 .

, . 96

ALT-TIMING

" " . II

28.	200	2:40.41	486	400	-	04			<b>486</b>	2
29.	200	3:21.50	245	400	7:10.31	237	04		<b>482</b>	2
30.	200	2:41.37	477				05	.	<b>477</b>	1
31.	400	5:41.07	476	200	-		05	" "	<b>476</b>	2
32.	200	2:41.59	475				04		<b>475</b>	1
33.	200	2:41.82	473				05		<b>473</b>	1
34.	200	2:43.34	460				05	.	<b>460</b>	1
35.	200	2:51.71	396				04	" " -	<b>396</b>	1
36.	200	2:52.19	392				04		<b>392</b>	1
37.	200	2:52.44	391				05	-5	<b>391</b>	1
38.	200	2:53.10	386				04	.	<b>386</b>	1
39.	200	2:56.18	366				04	" , .	<b>366</b>	1
40.	200	2:57.80	356				05		<b>356</b>	1
41.	200	2:58.30	353				05	-5	<b>353</b>	1
42.	400	6:17.52	351				04		<b>351</b>	1
43.	200	3:02.18	331				04		<b>331</b>	1
44.	400	6:27.97	323	200	-		04		<b>323</b>	2
45.	200	3:04.28	320				05	" , .	<b>320</b>	1
46.	200	3:07.65	303				04	" " .	<b>303</b>	1
47.	200	3:07.84	302				05		<b>302</b>	1
48.	200	3:09.57	294				05		<b>294</b>	1
49.	400	6:56.09	262				05		<b>262</b>	1

" " , 50 .  
 . , . 96

ALT-TIMING

200+400

2002 - 2003									
1.	200	2:14.99	602	400	4:50.48	591	02	" "	1193 2
2.	200	2:14.01	615	400	4:57.27	551	03		1166 2
3.	400	5:00.96	531	200	2:20.80	530	03		1061 2
4.	200	2:21.73	520	400	5:04.62	512	03		1032 2
5.	200	2:20.44	534	400	5:07.88	496	03	" , .	1030 2
6.	400	5:07.32	499	200	2:24.18	494	03	3	993 2
7.	400	5:09.60	488	200	2:25.76	478	02		966 2
8.	200	2:26.21	474	400	5:13.38	471	03		945 2
9.	200	2:25.10	484	400	5:17.00	455	03	" "	939 2
10.	200	2:25.08	485	400	5:18.98	446	02		931 . 2
11.	200	2:25.78	478	400	5:22.57	431	03	" "	909 2
12.	200	2:27.13	465	400	5:19.99	442	03	" "	907 2
13.	400	5:16.03	459	200	2:30.31	436	03	" "	895 2
14.	200	2:28.12	455	400	5:29.12	406	02	" "	861 2
15.	200	2:28.22	454	400	5:29.21	406	03		860 2
16.	200	2:30.10	438	400	5:26.30	417	03	" "	855 2
17.	200	2:29.79	440	400	5:27.43	413	03		853 2
18.	200	2:27.99	457	400	5:35.73	383	02	1 .	840 2
19.	200	2:31.84	423	400	5:31.55	397	03	" "	820 2
20.	200	2:31.26	428	400	5:36.58	380	02		808 2

"						". II		
21.	200	2:31.85	423	400	5:40.23	368	03	" , . 791 2
22.	200	2:37.21	381	400	5:38.82	372	03	753 2
23.	200	2:35.94	390	400	5:45.72	350	03	" " 740 2
24.	200	2:32.48	417	400	5:56.33	320	03	737 2
25.	200	2:45.20	328	400	6:00.91	308	03	1 . 636 2
26.	200	2:16.82	578	400	-	-	02	/ 578 2
27.	200	2:51.06	295	400	6:19.23	265	02	" 560 " 2
28.	200	2:20.38	535				03	" " 535 1
29.	200	2:22.67	510				03	" , . 510 1
30.	200	2:22.84	508				03	" , . 508 1
31.	400	5:06.60	503				03	" " 503 1
32.	200	2:23.64	499				03	3 499 1
33.	200	2:24.08	495	400	-	-	03	" " 495 2
34.	200	2:25.02	485				02	" " . 485 1
35.	200	2:25.41	481				03	481 1
36.	200	2:26.45	471				03	" 471 1
37.	200	2:26.83	468				02	3 468 1
38.	200	2:27.01	466				02	" " 466 1
39.	200	2:27.54	461				02	461 1
40.	200	2:27.79	458				03	" , . 458 1
41.	200	2:28.34	453				02	453 1
42.	200	2:29.34	444				02	. 444 1

" " . II

			03	3	<b>444</b>	1
200	2:29.34	444				
<b>44.</b>			02	.	<b>442</b>	1
200	2:29.57	442				
<b>45.</b>			02	" "	<b>438</b>	1
200	2:30.09	438				
<b>46.</b>			03	" "	<b>424</b>	1
200	2:31.72	424				
<b>47.</b>			03	" "	<b>419</b>	1
200	2:32.29	419				
<b>48.</b>			02		<b>418</b>	1
200	2:32.46	418				
<b>49.</b>			02	" "	<b>417</b>	1
200	2:32.56	417				
<b>50.</b>			03		<b>405</b>	1
200	2:34.01	405				
<b>51.</b>			03		<b>397</b>	1
200	2:35.03	397				
<b>52.</b>			03		<b>386</b>	1
200	2:36.52	386				
<b>53.</b>			03		<b>385</b>	1
200	2:36.65	385				
<b>54.</b>			03	1	<b>378</b>	1
200	2:37.65	378				
<b>55.</b>			02	" "	<b>372</b>	1
200	2:38.43	372				
<b>56.</b>			03		<b>346</b>	1
200	2:42.37	346				
<b>57.</b>			02		<b>323</b>	1
400	5:55.15	323				
<b>58.</b>			03		<b>304.</b>	1
200	2:49.37	304				



400+1500

2002 - 2003										
1.	1500	16:51.80	637	400	4:21.34	597	02		1234	2
2.	400	4:22.97	586	1500	17:25.09	578	02	" "	1164	2
	400	4:23.12	585	1500	17:24.84	579	02	"	1164	2
4.	400	4:22.02	592	1500	17:38.09	557	03		1149	2
5.	400	4:24.47	576	1500	17:31.18	568	02	" "	1144	2
6.	1500	17:24.31	580	400	4:29.68	543	03		1123	2
7.	1500	17:40.87	553	400	4:30.35	539	03	" "	1092	2
8.	400	4:28.05	553	1500	17:55.70	530	02	" "	1083	2
9.	400	4:30.08	541	1500	17:49.59	540	03		1081	2
10.	400	4:28.43	551	1500	17:58.05	527	03	" "	1078	2
11.	1500	17:45.20	546	400	4:31.74	531	03	"	1077	2
12.	400	4:30.12	540	1500	17:58.37	526	02		1066	2
13.	400	4:30.88	536	1500	17:56.45	529	03		1065	2
14.	400	4:31.65	531	1500	17:58.66	526	03		1057	2
15.	400	4:30.39	539	1500	18:08.03	513	02	" "	1052	2
16.	400	4:28.27	552	1500	18:31.53	481	02	" "	1033	2
17.	400	4:31.72	531	1500	18:31.22	481	03		1012	2
18.	400	4:37.35	499	1500	18:22.55	493	03	" "	992	2
19.	1500	18:09.83	510	400	4:43.31	468	03	" "	978	2
20.	400	4:36.83	502	1500	18:36.98	474	03		976	2

" " . II

21.	400	4:38.23	494	1500	18:33.87	478	03	" "	972	2
22.	1500	18:37.00	474	400	4:44.00	465	03		939	2
	400	4:39.35	488	1500	18:55.07	451	03	" "	939	2
24.	400	4:44.32	463	1500	19:10.34	434	02	" "	897	2
25.	400	4:31.42	533				02	" "	533	1
26.	400	4:46.09	455				03	" "	455	1
27.	400	4:47.09	450				03		450	1
28.	400	4:50.16	436				03		436	1
29.	400	4:53.15	423				02	.	423	1
30.	400	4:54.16	418				03	" "	" 418	1
	400	4:54.10	418				02	" "	418	1
32.	400	4:56.67	408				03		408	1
33.	400	4:57.12	406				03		406	1
34.	400	5:02.56	384				03		384	1
35.	400	5:07.02	368				02	" "	368	1
36.	400	5:14.18	343				02	-	343	1
37.	400	5:15.29	340				03		340	1
38.	400	5:34.49	284				03		284	1

" " , 50 .  
 . , . 96

ALT-TIMING

400+800

, 2004 - 2005										
1.	800	9:32.34	607	400	4:42.06	589	04		1196	2
2.	800	9:35.95	596	400	4:41.09	595	05	" "	1191	2
3.	400	4:40.49	599	800	9:37.70	590	05	" "	1189	2
4.	400	4:40.95	596	800	9:59.84	527	04	" "	1123	2
5.	800	10:00.00	527	400	4:54.33	518	05	-5	1045	2
6.	400	4:53.97	520	800	10:17.59	483	05	" "	1003	2
7.	800	10:07.98	506	400	5:03.76	471	05	" "	977	2
8.	400	5:04.96	466	800	10:26.08	464	05		930	2
9.	800	10:24.12	468	400	5:06.20	460	05		928	2
10.	400	5:05.38	464	800	10:33.01	449	05	" "	913	2
11.	800	10:29.11	457	400	5:08.88	448	04	- "	905 "	2
12.	400	5:10.69	440	800	10:37.57	439	05		879	2
13.	400	5:21.30	398	800	10:58.91	398	04		796	2
14.	400	5:20.08	403	800	11:03.63	389	04		792	2
15.	400	5:21.75	396	800	11:03.78	389	04	" "	785	2
16.	800	11:03.39	390	400	5:24.35	387	04		777	2
17.	800	10:59.60	397	400	5:29.26	370	05	" "	767	2
18.	400	5:24.47	387	800	11:10.04	378	04		765	2
19.	400	5:24.67	386	800	11:11.12	376	05		762	2
20.	400	5:26.02	381	800	11:20.02	362	04		743	2

"						". II					
21.	400	5:34.09	354	800	11:27.45	350	05	"	"	704	2
22.	400	5:04.16	469				04			469	1
23.	400	5:04.75	467				05			467	1
24.	400	5:25.63	382				04			382	1
25.	400	5:44.78	322				05			322	1
26.	400	5:45.86	319				05	"	" .	319	1
27.	400	5:50.64	306				04			306	1
28.	400	6:04.14	273				05			273	1
, 2006 - 2007											
1.	400	4:55.24	513	800	10:05.81	512	06			1025	2
2.	400	5:11.38	437	800	10:38.52	437	06	"	"	874	2
3.	800	11:07.19	383	400	5:25.69	382	06	"	"	765	2
4.	800	11:09.70	379	400	5:36.26	347	06			726	2
5.	800	11:27.92	349	400	5:35.95	348	06	"	"	697	2
6.	800	11:30.84	345	400	5:37.35	344	06	"	"	689	2
7.	400	5:36.81	346	800	11:38.72	334	06			680	2
8.	800	11:24.22	355	400	5:45.15	321	06	"	"	676	2
9.	800	11:34.84	339	400	5:44.71	322	06	"	"	661	2
10.	800	11:35.70	338	400	5:45.26	321	06	"	"	659	2
11.	400	5:40.72	334	800	11:46.53	323	06	"	" , .	657	2
12.	400	5:43.86	325	800	11:52.96	314	06			639	2
13.	400	5:41.99	330	800	11:58.18	307	06	-		637	2

" " . II

14.	800	11:52.30	315	400	5:49.56	309	07	"	" .	624	2
15.	400	5:48.02	313	800	12:03.31	301	07	"	" .	614	2
	400	5:47.64	314	800	12:03.44	300	06		" "	614	2
17.	400	5:51.99	303	800	12:01.96	302	07		" "	605	2
18.	800	11:58.28	307	400	5:54.38	297	06			604	2
19.	800	12:10.25	292	400	5:56.50	291	07		" "	583	2
20.	800	12:04.11	300	400	6:01.39	280	07		" "	580	2
21.	400	5:55.85	293	800	12:26.78	273	07		" "	566	2
22.	800	12:18.65	282	400	6:01.73	279	07			561	2
23.	400	6:03.63	274	800	12:30.28	269	06		"	543 "	2
24.	400	6:05.48	270	800	12:35.79	263	06			533	2
25.	400	6:07.65	266				07			266	1
26.	400	6:08.29	264				06			264	1
27.	400	6:12.50	255				06		" "	255	1
28.	400	6:25.64	230				07		" "	230	1
29.	400	6:36.04	212				07		" "	212	1
30.	400	6:42.86	202				07		" "	202	1

" " , 50 .  
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ALT-TIMING

## 400+800

2004 - 2005									
1.	800	8:56.66	597	400	4:24.35	576	04	1173	2
2.	800	9:00.61	584	400	4:29.37	545	04	" "	1129 2
3.	400	4:33.64	520	800	9:37.97	478	05	" "	998 2
4.	400	4:38.95	491	800	9:34.36	487	04		978 2
5.	800	9:35.14	485	400	4:40.86	481	05	" "	966 2
6.	400	4:40.28	484	800	9:37.29	480	04		964 2
7.	400	4:42.52	472	800	9:46.37	458	04		930 2
8.	800	9:38.79	476	400	4:47.66	447	04		923 2
9.	400	4:46.51	453	800	9:50.05	449	05	" "	902 2
10.	800	9:56.37	435	400	4:51.92	428	04	" "	863 2
11.	400	4:48.13	445	800	10:06.56	414	04	" "	859 2
12.	800	9:57.93	432	400	4:53.03	423	04		855 2
13.	400	4:49.29	440	800	10:10.05	407	04		847 2
14.	800	10:01.74	424	400	4:53.46	421	05	" "	845 2
15.	400	4:53.07	423	800	10:06.23	414	04		837 2
16.	800	10:00.27	427	400	4:58.56	400	05	" "	827 2
17.	800	10:07.18	412	400	4:58.51	400	04		812 2
	800	10:05.50	416	400	4:59.55	396	04	-	812 2
19.	800	10:13.07	401	400	4:59.61	396	05	"	797 2
20.	400	4:58.45	400	800	10:17.87	391	04		791 2

" " . II

21.	800	10:15.03	397	400	5:00.83	391	05	" "	788	2
22.	800	10:16.36	394	400	5:01.11	390	04	" " .	784	2
23.	400	4:59.05	398	800	10:22.34	383	04		781	2
24.	400	5:00.29	393	800	10:20.58	386	05		779	2
25.	400	5:02.34	385				04	" "	385	1
26.	400	5:03.03	383				05	" "	383	1
27.	400	5:03.28	382				05		382	1
28.	400	5:05.31	374				05		374	1
29.	400	5:05.66	373				05	" , .	373	1
30.	400	5:06.59	369				04		369	1
31.	400	5:07.87	365				04		365	1
32.	400	5:08.58	362				04	" " .	362	1
33.	400	5:09.80	358				04		358	1
	400	5:09.67	358				05	" "	358	1
35.	400	5:10.01	357				05	-5	357	1
36.	400	5:10.78	355				05	" "	355	1
37.	400	5:11.15	353				04	" " .	353	1
	400	5:11.21	353				04		353	1
39.	400	5:11.84	351				05	" "	" 351	1
40.	400	5:12.77	348				04		348	1
41.	400	5:15.06	340				04		340	1
	400	5:15.09	340				04	" " .	340	1

" " , 50 .  
 . , . 96

ALT-TIMING

" " . II

43.	400	5:17.44	333	05	/	333	1
	400	5:17.45	333	04		333	1
45.	400	5:19.69	326	05		326	1
46.	400	5:21.44	320	04		320	1
47.	400	5:22.06	319	04		319	1
48.	400	5:22.64	317	05		317	1
49.	400	5:23.34	315	05		315	1
50.	400	5:24.02	313	04		313	1
51.	400	5:25.05	310	05	" "	310	1
52.	400	5:26.30	306	05	/	306	1
53.	400	5:27.68	302	04		302	1
54.	400	5:29.14	298	05	" "	298	1
55.	400	5:32.70	289	05		289	1
56.	400	5:32.95	288	05	-	288	1
57.	400	5:33.60	287	04	/	287	1
58.	400	5:34.27	285	04	" "	285	1
59.	400	5:34.48	284	05		284	1
60.	400	5:35.72	281	05	1 .	281	1
61.	400	5:37.46	277	05		277	1
62.	400	5:39.89	271	05		271 .	1
63.	400	5:45.06	259	05	" "	259	1
64.	400	5:45.75	257	05	-	257	1

" " , 50 .

, . 96

ALT-TIMING



" " . II

65.	400	5:53.35	241	05	241	1
66.	400	5:55.50	237	05	237	1
67.	400	5:59.11	230	04	230	1
68.	400	6:00.82	226	05	226	1

## 50+100

2006 - 2007										
1.	50	31.18	480	100	1:12.66	445	06	925	2	
2.	100	1:11.80	461	50	32.36	430	06	" "	891	2
3.	50	32.98	406	100	1:16.83	376	06		782	2
4.	100	1:16.48	381	50	33.77	378	07	" "	759	2
5.	100	1:15.73	393	50	34.18	365	06		758	2
6.	100	1:18.07	358	50	34.42	357	06	" "	715	2
7.	50	34.19	364	100	1:19.47	340	06	" "	704	2
	50	33.89	374	100	1:20.25	330	06	" "	704	2
9.	50	34.41	357	100	1:19.21	343	06	/	700	2
10.	50	34.47	355	100	1:20.30	329	06	" "	684	2
11.	50	32.82	412	100	1:27.63	253	06	" "	665	2
12.	50	34.69	349	100	1:23.11	297	06		646	2
13.	100	1:19.67	337	50	36.37	303	06		640	2
14.	50	35.19	334	100	1:27.48	255	06		589	2
15.	50	35.61	322	100	1:29.11	241	06	,	563	2

" ", 50 .  
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ALT-TIMING

"						". II				
16.	50	36.14	308	100	1:27.63	253	07	"	561 "	2
17.	50	35.46	327	100	1:32.22	217	07	"	", . 544	2
18.	100	1:25.46	273	50	38.05	264	06		537	2
19.	50	37.73	271	100	1:28.15	249	07		520	2
20.	50	37.35	279	100	1:31.78	220	07	" "	499	2
21.	50	39.07	244	100	1:29.23	240	07	" "	484	2
22.	50	37.61	274	100	1:34.03	205	06		479	2
23.	50	38.83	249	100	1:30.58	229	06		478	2
24.	50	41.34	206	100	1:34.63	201	07	" "	407	2
25.	50	40.86	213	100	1:42.44	158	06	"	371 "	2
26.	50	35.41	328				06		328	1
27.	50	35.48	326				06	"	", . 326	1
28.	50	38.30	259	100		-	07	"	259 "	2
29.	50	38.43	256				06	"	256 "	1
	50	38.44	256				07	.	256	1
31.	50	38.61	253				07	" "	253	1
32.	50	40.98	211				07	" "	211	1
33.	50	41.32	206				06		206	1
34.	50	41.41	205				07		205	1
35.	50	41.94	197				06	" "	197	1
36.	50	43.81	173				07	" "	173	1
37.	50	45.78	151				07		151	1

## 50+100

2004 - 2005									
1.	50	26.44	610	100	59.23	595	04	1205	2
2.	50	27.27	556	100	1:02.53	505	04	" 1061'	2
3.	50	27.31	554	100	1:03.34	486	04	1040	2
4.	50	27.00	573	100	1:04.43	462	04	1035	2
5.	50	27.60	536	100	1:03.39	485	04	1021	2
6.	100	1:03.08	492	50	28.47	489	04	" , . 981	2
7.	50	28.37	494	100	1:03.40	485	04	979	2
8.	50	28.32	496	100	1:04.30	465	04	" " 961	2
9.	50	28.07	510	100	1:05.70	436	04	946	2
10.	50	28.03	512	100	1:06.90	412	04	924	2
11.	50	28.77	473	100	1:06.06	428	04	901	2
12.	50	29.22	452	100	1:05.12	447	04	. 899	2
13.	100	1:03.98	472	50	30.05	415	04	887	2
14.	50	29.56	436	100	1:06.68	417	05	853	2
15.	50	28.55	484	100	1:09.58	367	04	. 851	2
16.	50	29.31	448	100	1:07.97	393	04	. 841	2
17.	50	29.85	424	100	1:08.13	391	05	815	2
18.	50	30.20	409	100	1:08.36	387	04	796	2
19.	50	29.76	428	100	1:09.84	362	04	790	2
20.	50	30.48	398	100	1:09.09	374	04	" " . 772	2



" " . II

43.	50	29.29	449				04	"	"	449	1
44.	50	29.64	433				04			433	1
45.	50	37.08	221	100	1:26.05	194	05			415	2
46.	50	30.48	398	100		-	04			398	2
	50	30.47	398	100		-	04	.		398	2
48.	50	30.66	391				04			391	1
49.	50	37.65	211	100	1:29.74	171	05			382	2
50.	50	38.48	198	100	1:29.90	170	05			368	2
51.	50	31.31	367				04	"	" .	367	1
52.	50	31.99	344				04			344	1
53.	50	32.03	343				05		-5	343	1
54.	50	32.16	339				04	"	" -	339	1
55.	50	32.83	318				04			318	1
	50	32.83	318				05			318	1
57.	50	33.23	307				05	"	", .	307	1
58.	50	33.59	297				04		1	297	1
59.	50	33.93	288				04			288	1
60.	100	1:16.66	274				05			274	1
61.	50	35.54	251				05			251	1
62.	50	35.97	242				04	"	" .	242	1
63.	100	1:21.38	229	50		-	05			229	2
64.	100	1:21.54	228				05			228	1

" " , 50 .  
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ALT-TIMING

" " . II

65.	50	37.23	218	05	218	1
66.	50	38.16	203	05	203	1
67.	50	39.14	188	05	188	1
68.	50	39.20	187	05	187	1
69.	50	40.71	167	05	167	1
70.	50	42.56	146	05	146	1
71.	50	45.01	123	05	123	1