

" ". II

100+200

2004 - 2005							"	"	1085	2
1.	100	1:07.35	558	200	2:30.74	527	05	"	1085	2
2.	100	1:07.46	556	200	2:32.92	505	05	"	1061	2
3.	100	1:07.14	564	200	2:36.12	474	04	"	1038	2
4.	100	1:08.73	525	200	2:38.86	450	04	"	975	2
5.	100	1:10.66	484	200	2:36.11	475	04		959	2
6.	100	1:11.34	470	200	2:39.42	446	05		916	2
7.	100	1:09.49	508	200	2:44.40	406	05	"	914	2
8.	100	1:12.51	447	200	2:40.15	440	04		887	2
9.	100	1:10.84	480	200	2:44.80	403	04		883	2
10.	100	1:11.86	460	200	2:45.72	397	05	-5	857	2
11.	100	1:10.69	483	200	2:50.16	366	04	"	849	2
12.	100	1:17.12	372	200	3:04.59	287	05		659	2
13.	100	1:17.08	372	200	3:05.95	281	04	"	653	2
14.	100	1:15.50	396	200	3:12.42	253	05		649	2
15.	100	1:18.77	349	200	3:05.61	282	05		631	2
16.	100	1:10.17	494				05		494	1
17.	100	1:16.03	388				04	"	388	1
18.	100	1:16.25	385				05		385	1
							05		385	1
20.	100	1:19.56	339				04	"	339	1

" ", 50 . . 96

ALT-TIMING

			"	" . II			
21.				05		313	.
	100	1:21.65	313				1
22.				05		306	
	200	3:00.59	306	100			2
23.				04	"	" .	
	100	1:24.92	278			278	1
24.				05		168	
	100	1:40.52	168				1
,					2006 - 2007 - 1 of 2 Events		
1.				06	"	" .	
	100	1:11.80	461			461	1
2.				06			
	100	1:12.66	445			445	1
3.				06			
	100	1:15.73	393			393	1
4.				07	"	" .	
	100	1:16.48	381			381	1
5.				06			
	100	1:16.83	376			376	1
6.				06	"	" .	
	100	1:18.07	358			358	1
7.				06		/	
	100	1:19.21	343			343	1
8.				06	"	" .	
	100	1:19.47	340			340	1
9.				06			
	100	1:19.67	337			337	1
10.				06	"	" .	
	100	1:20.25	330			330	1
11.				06	"	" .	
	100	1:20.30	329			329	1
12.				06			
	100	1:23.11	297			297	1
13.				06			
	100	1:25.46	273			273	1
14.				06			
	100	1:27.48	255			255	.
15.				07		"	
	100	1:27.63	253			253	"
				06	"	" .	
	100	1:27.63	253			253	1
17.				07			
	100	1:28.15	249			249	1

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" 96

ALT-TIMING

			"	"	.. II		
18.				06	,	241	1
100	1:29.11	241					
19.				07	" "	240	1
100	1:29.23	240					
20.				06		229	1
100	1:30.58	229					
21.				07	" "	220	1
100	1:31.78	220					
22.				07	" "	217	1
100	1:32.22	217					
23.				06		205	1
100	1:34.03	205					
24.				07	" "	201	1
100	1:34.63	201					
25.				06	" "	158"	1
100	1:42.44	158					

100+200

				2002 - 2003					
1.				03				1165	2
200	2:13.47	583	100	59.66	582				
2.				02		" "		1123	2
100	59.28	593	200	2:17.77	530				
3.				02		" "		1091	2
100	1:00.87	548	200	2:16.64	543				
4.				03				1060	2
200	2:17.12	537	100	1:01.81	523				
5.				02				1056	2
100	1:00.40	561	200	2:20.96	495				
6.				02				1043	2
100	1:00.50	558	200	2:21.92	485				
7.				03		" "		1034	2
100	1:00.82	549	200	2:21.85	485				
8.				03		" "		1031	2
100	1:00.32	563	200	2:23.62	468				
9.				03	" "			1017	2
100	1:02.20	513	200	2:20.07	504				
				03	" "			1017	2
11.				03	" "			1012	2
100	1:01.31	536	200	2:22.73	476				

						". II				
12.						03		"	"	984
	100	1:01.28	537	200	2:25.74	447				2
13.						03		"	"	952
	100	1:02.53	505	200	2:25.74	447				2
14.						02				945
	200	2:22.58	478	100	1:04.17	467				2
15.						03				938
	100	1:00.78	550	200	2:32.84	388				2
16.						02				909
	100	1:02.14	515	200	2:32.00	394				2
17.						03		"	"	902
	100	1:03.12	491	200	2:29.94	411				2
18.						02			"	843 "
	100	1:03.20	489	200	2:37.49	354				2
19.						03				836
	100	1:04.27	465	200	2:35.12	371				2
20.						03				813
	100	1:04.86	453	200	2:36.61	360				2
21.						02		"	"	776
	100	1:04.58	459	200	2:43.44	317				2
22.						03		"	"	732
	100	1:07.68	398	200	2:40.62	334				2
23.						03				699
	100	1:05.68	436	200	2:53.85	263				2
24.						02				676
	100	1:08.67	381	200	2:47.45	295				2
25.						02				568
	100	1:11.88	332	200	3:00.28	236				2
26.						03	"		", .	530
	100	1:01.55	530							1
27.						02				528
	100	1:01.61	528							1
28.						03			3	524
	100	1:01.79	524							1
29.						02	"	"	.	502
	100	1:02.67	502							1
30.						02				459
	100	1:04.57	459							1
31.						02		.		4475
	100	1:05.14	447							1
32.						03	"		", .	446
	100	1:05.17	446							1
33.						02		"	"	436
	100	1:05.67	436							1

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ALT-TIMING

100+200

2004 - 2005									
1.	100	1:13.98	658	200	2:44.05	609	05		1267
2.	100	1:15.34	623	200	2:43.63	614	04		1237
3.	100	1:17.61	570	200	2:48.55	562	05	.	1132
4.	100	1:19.64	527	200	2:55.53	497	04	"	1024
5.	100	1:19.73	525	200	2:56.44	490	05		1015
6.	100	1:20.46	511	200	2:55.65	496	05		1007
7.	200	2:53.71	513	100	1:22.25	478	04		991
8.	100	1:21.12	499	200	2:58.71	471	04		970
9.	200	2:58.41	474	100	1:23.46	458	05		932
10.	200	2:59.36	466	100	1:23.53	457	04		923
11.	100	1:22.66	471	200	3:03.08	438	04	"	909
12.	100	1:23.06	465	200	3:03.73	434	05	"	899
13.	100	1:23.16	463	200	3:04.24	430	05	"	893
14.	100	1:23.45	458	200	3:04.28	430	04	"	888
15.	200	3:02.60	442	100	1:24.70	438	04	"	880

" " 50

1000

ALT-TIMING

				"		" . II				
200	3:00.99	454	100	1:25.51	426	04		-5	880	2
17.	100	1:24.23	445	200	3:05.01	425	04		870	2
18.	100	1:23.14	463	200	3:10.02	392	04		855	2
19.	100	1:25.24	430	200	3:05.61	420	05		850	2
20.	100	1:24.61	439	200	3:07.19	410	05		849	2
21.	100	1:24.23	445	200	3:08.38	402	05		847	2
22.	100	1:25.97	419	200	3:06.28	416	04		835	2
23.	100	1:26.47	412	200	3:07.18	410	05	"	822	2
24.	100	1:25.91	420	200	3:15.47	360	04		780	2
	200	3:07.91	405	100	1:29.23	375	05	-5	780	2
26.	200	3:09.78	393	100	1:28.82	380	05	-	773	2
27.	100	1:28.13	389	200	3:15.28	361	05		750	2
28.	100	1:28.33	386	200	3:23.45	319	04		705	2
29.	200	3:17.57	349	100	1:31.40	348	05		697	2
30.	200	3:15.90	358	100	1:32.33	338	05	"	696	2
31.	100	1:31.63	346	200	3:22.81	322	04	"	668 "	2
32.	100	1:31.12	352	200	3:27.27	302	04		654	2
33.	200	3:21.16	330	100	1:35.04	310	05		640	2
34.	100	1:36.09	300	200	3:32.58	280	05		580	2
35.	200	3:06.43	415			05			415	1
36.	100	1:28.35	386			05			386	1
37.	100	1:28.43	385			04			385	1

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ALT-TIMING

							". II				
38.					04		"	" -	371		1
	100	1:29.51	371								
39.					04		"	" -	302		1
	100	1:35.88	302								
40.					04		"	"	232	"	1
	100	1:44.71	232								
,	2006 - 2007										
1.					06		.		1014		2
	100	1:20.52	510	200	2:54.80	504					
2.					06				974		2
	200	2:55.60	497	100	1:22.31	477					
3.					06				966		2
	200	2:55.96	494	100	1:22.60	472					
4.					06		"	"	964		2
	100	1:20.69	507	200	3:00.49	457					
5.					06		"	"	883		2
	100	1:23.39	459	200	3:05.05	424					
6.					07				831		2
	200	3:06.17	417	100	1:26.34	414					
7.					06		"	"	830		2
	100	1:25.38	428	200	3:08.42	402					
8.					06		"	"	827		2
	200	3:05.60	421	100	1:26.86	406					
9.					06		"	"	817		2
	200	3:05.82	419	100	1:27.43	398					
10.					06				784.	.	2
	100	1:25.85	421	200	3:14.87	363					
11.					06		"	"	757		2
	200	3:11.48	383	100	1:29.25	374					
12.					06				733		2
	200	3:09.90	393	100	1:32.18	340					
13.					06		"	"	711		2
	200	3:15.78	358	100	1:30.99	353					
14.					06		"	"	704		2
	100	1:30.97	353	200	3:17.07	351					
15.					07		"	"	703		2
	100	1:31.10	352	200	3:17.08	351					
16.					07				697		2
	200	3:17.25	350	100	1:31.55	347					
	100	1:29.87	367	200	3:21.22	330	06	1	697		2
18.					06		"	"	695		2
	200	3:15.64	359	100	1:32.49	336					

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ALT-TIMING

				"		" . II			
19.					07		676	2	
	200	3:17.89	347	100	1:33.16	329			
20.					06		663	2	
	100	1:32.72	334	200	3:21.49	329			
21.					06		639	2	
	200	3:22.66	323	100	1:34.38	316			
22.					06		636	2	
	100	1:33.62	324	200	3:25.02	312			
	200	3:23.33	320	100	1:34.47	316	06		
24.					06		" "	636	2
	200	3:22.59	323	100	1:36.05	300			
25.					07	"	" , .	623	2
	200	3:24.64	314	100	1:36.20	299			
26.					06		611	2	
	200	3:25.81	308	100	1:35.79	303			
27.					06		593	2	
	100	1:34.99	310	200	3:31.80	283			
28.					06		585	2	
	200	3:28.86	295	100	1:37.17	290			
29.					07	" "	" .	546	2
	200	3:33.41	276	100	1:39.50	270			
30.					07	" "	" "	537	2
	100	1:39.68	269	200	3:35.76	268			
31.					07	" "	" "	501	2
	200	3:37.81	260	100	1:43.30	241			
32.					07	" "	" "	495	2
	100	1:42.29	248	200	3:41.43	247			
33.					06		492	2	
	200	3:40.43	251	100	1:43.28	241			
34.					06		489	2	
	200	3:41.26	248	100	1:43.29	241			
35.					07		"	483 "	2
	200	3:43.01	242	100	1:43.32	241			
36.					07		"	466 "	2
	100	1:44.08	236	200	3:46.78	230			
37.					06		" "	465	2
	200	3:42.07	245	100	1:46.48	220			
38.					07		" "	429	2
	200	3:47.88	227	100	1:49.66	202			
39.					06			416	2
	200	3:53.26	212	100	1:49.26	204			
40.					07	" "		327	1
	200	3:21.83	327						

" ", 50

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ALT-TIMING

					"	" . II		
41.					06		322	2
	200	3:22.87	322	100	-			
42.					06		309	1
	200	3:25.68	309					
					07	" "	309	1
	200	3:25.61	309					
44.					07		268	2
	200	3:35.64	268	100	-			
45.					06	" "	263	1
	100	1:40.36	263					
46.					06	" "	212	1
	100	1:47.83	212					

100+200

2002 - 2003									
1.						03		1365	2
	200	2:23.18	698	100	1:05.37	667			
2.						02	"	1182'	2
	100	1:07.74	599	200	2:31.98	583			
3.						03	"	1158	2
	200	2:30.54	600	100	1:09.36	558			
4.						02	/	1154	2
	200	2:30.87	596	100	1:09.39	558			
5.						02	"	1145	2
	100	1:08.18	588	200	2:34.28	557			
6.						03	"	1094	2
	200	2:32.85	573	100	1:10.97	521			
7.						02		1030	2
	100	1:10.85	524	200	2:39.34	506			
8.						03		1026	2
	200	2:35.35	546	100	1:12.92	480			
						03	" "	1026	2
	200	2:36.95	529	100	1:12.09	497			
10.						02		967.	2
	200	2:41.67	484	100	1:12.78	483			
11.						03	" "	959	2
	200	2:41.09	490	100	1:13.53	469			
12.						03		956	2
	200	2:40.63	494	100	1:13.90	462			
13.						02	" "	948	2
	100	1:13.03	478	200	2:43.34	470			

" ", 50

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ALT-TIMING

				"		" . II			
36.					03		1	.	675
	100	1:21.90	339	200	3:02.62	336			2
37.						03			616
	200	3:07.74	309	100	1:24.60	307			2
38.						03			594
	200	3:09.40	301	100	1:25.96	293			2
39.						03		3	520
	100	1:11.01	520	200		-			2
40.						03			497
	200	3:19.48	258	100	1:32.03	239			2
41.						02			4495
	100	1:14.58	449						1
42.						03	"	" .	427
	100	1:15.83	427						1
43.						03	"	" .	402
	100	1:17.35	402						1
44.						02			380
	100	1:18.82	380						1
	100	1:18.86	380			03			380
46.						03			369
	100	1:19.62	369						1
47.						02			365
	100	1:19.92	365						1
48.						03	"	" .	363
	100	1:20.03	363						1
49.						02			348
	100	1:21.21	348						1
50.						03	/		321
	200	3:05.31	321	100		-			2
51.						02	1	.	296
	100	1:25.63	296						1
52.						02			294
	100	1:25.88	294						1
53.						03			287
	100	1:26.57	287						1
54.						03			223
	100	1:34.14	223						1

" . " . 50 . . 96

ALT-TIMING

							"	". II		
2004 - 2005										
1.	200	2:31.64	587	100	1:09.64	552	04		1139	2
2.	100	1:11.75	504	200	2:42.19	480	04	"	984	2
3.	200	2:44.35	461	100	1:14.04	459	04		920	2
4.	200	2:44.35	461	100	1:15.23	437	04		898	2
5.	200	2:43.78	466	100	1:16.00	424	04		890	2
6.	200	2:45.23	454	100	1:17.45	401	04	"	855	2
7.	200	2:46.28	445	100	1:17.14	406	04		851	2
8.	200	2:48.50	428	100	1:17.47	401	05		829	2
9.	200	2:47.70	434	100	1:18.66	383	05	"	817	2
10.	200	2:53.34	393	100	1:18.14	390	04	1	783	2
11.	100	1:18.90	379	200	2:55.66	378	04		757	2
12.	200	2:55.76	377	100	1:19.22	375	04	"	752	2
13.	200	2:53.61	391	100	1:20.74	354	04		745	2
14.	200	2:55.81	377	100	1:19.79	367	05	"	744	2
15.	200	2:54.74	384	100	1:20.33	359	05	"	743	2
16.	200	2:55.67	377	100	1:20.61	355	05		732	2
17.	200	2:57.41	366	100	1:20.52	357	04		723	2
18.	100	1:20.30	360	200	2:58.68	359	04	"	719	2
19.	100	1:18.56	384	200	3:07.24	312	04		696	2
20.	200	2:57.17	368	100	1:23.14	324	04		692	2
21.	200	3:00.96	345	100	1:21.86	339	04		684	2

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ALT-TIMING

							"	". II	
22.						05			683 2
	200	2:58.04	363	100	1:23.45	320			
23.						04			675 2
	200	3:00.85	346	100	1:22.68	329			
24.						05			669 2
	200	2:59.95	351	100	1:23.69	318			
						04			669 2
	100	1:20.85	352	200	3:06.25	317			
26.						04			668 2
	200	3:02.32	338	100	1:22.64	330			
27.						05			666 2
	200	3:01.19	344	100	1:23.32	322			
						04			666 2
	200	3:03.02	334	100	1:22.49	332			
29.						05			647 2
	200	3:00.92	345	100	1:25.09	302			
30.						05	"		638 2
	200	3:03.42	332	100	1:24.69	306			
31.						05			592 2
	200	3:07.49	310	100	1:27.02	282			
32.						04			586 2
	100	1:25.39	299	200	3:12.43	287			
33.						04	"	"	575 2
	200	3:10.09	298	100	1:27.63	277			
34.						04	"	"	568 2
	200	3:08.96	303	100	1:28.91	265			
35.						05			565 2
	100	1:26.63	286	200	3:14.25	279			
36.						05	"	"	544 2
	200	3:10.43	296	100	1:30.88	248			
37.						04			539 2
	200	3:15.18	275	100	1:28.96	264			
38.						05	"	"	517 2
	200	3:16.32	270	100	1:30.94	247			
39.						05			513 2
	200	3:15.01	276	100	1:32.21	237			
40.						04	"	"	508 2
	200	3:18.59	261	100	1:31.03	247			
41.						05			496 2
	200	3:19.30	258	100	1:32.18	238			
42.						05			493 2
	200	3:18.37	262	100	1:33.06	231			
43.						05			473 2
	200	3:21.84	249	100	1:33.96	224			

" ", 50

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ALT-TIMING

						"	"	II
44.						05		
	200	3:22.23	247	100	1:34.04	224		
45.						05		
	200	3:20.58	253	100	1:35.44	214		
46.						05		
	200	3:24.15	240	100	1:34.93	217		
47.						04		
	100	1:16.09	423					
48.						04		
	100	1:39.68	188	200	3:42.28	186		
49.						04		
	100	1:19.61	369					
50.						04		
	100	1:21.09	349					
51.						05	1	
	100	1:21.36	346	200		-		
52.						05		
	200	3:18.70	261	100		-		
53.						05		
	200	3:19.02	259	100		-		
54.						04		
	200	3:21.53	250	100		-		
55.						05		
	100	1:32.64	234	200		-		

100+200

2004 - 2005										
1.	100	59.20	680	200	2:11.12	639	05	"	"	1319
2.	100	58.89	690	200	2:12.52	619	05	"	"	1309
3.	200	2:13.31	608	100	1:01.44	608	04	"	"	1216
4.	200	2:16.87	562	100	1:03.31	556	05	"	"	1118
5.	100	1:02.68	572	200	2:18.35	544	04	-	"	1116"
6.	200	2:16.19	570	100	1:04.83	517	04			1087
7.	100	1:03.07	562	200	2:20.12	524	05			1086

" " 50

26

ALT-TIMING

				"		" . II					
8.						05		"	"	1076	2
	200	2:17.30	557	100	1:04.76	519					
9.						05				1043	2
	100	1:04.30	530	200	2:21.09	513					
10.						05		"	"	1033	2
	100	1:03.55	549	200	2:23.88	484					
11.						04				1011	2
	100	1:03.21	558	200	2:27.06	453					
12.						04				1008	2
	100	1:04.24	532	200	2:24.60	476					
13.						05		"	"	1000	2
	100	1:05.33	506	200	2:22.91	494					
14.						04				998	2
	100	1:03.91	540	200	2:26.47	458					
15.						04				987	2
	200	2:22.25	501	100	1:06.18	486					
16.						05		-5		984	2
	200	2:19.90	526	100	1:07.51	458					
17.						05				983	2
	200	2:21.47	509	100	1:06.76	474					
18.						04		"	" -	966	2
	100	1:05.24	508	200	2:26.51	458					
19.						04		"	"	959	2
	100	1:06.00	490	200	2:25.37	469					
20.						05				949	2
	100	1:06.28	484	200	2:25.77	465					
21.						05				948	2
	200	2:24.78	475	100	1:06.80	473					
22.						04				937	2
	100	1:04.35	529	200	2:32.29	408					
23.						05		"	"	933	2
	100	1:06.58	478	200	2:26.79	455					
24.						04		"	" .	917	2
	100	1:03.90	540	200	2:36.29	377					
25.						04		"	"	915	2
	200	2:25.13	471	100	1:08.23	444					
26.						04				914	2
	100	1:05.33	506	200	2:32.23	408					
27.						04				912	2
	100	1:06.75	474	200	2:28.76	438					
28.						04				899	2
	100	1:07.63	456	200	2:28.11	443					
29.						05		"	"	894	2
	100	1:05.17	509	200	2:35.23	385					

" ", 50 . . . 96

ALT-TIMING

				"		" . II				
30.						04			" 890	2
	100	1:07.36	461	.	200	2:29.74	429			
31.						04	"		", . 884	2
	100	1:07.57	457		200	2:29.93	427			
32.						04			881	2
	100	1:07.56	457		200	2:30.38	424			
33.						04			872	2
	100	1:07.36	461		200	2:31.91	411			
34.						05	35		870	2
	200	2:27.45	449		100	1:09.43	421			
35.						04			864	2
	100	1:08.42	440		200	2:30.36	424			
36.						04			863	2
	200	2:29.41	432		100	1:08.87	431			
37.						05			862. .	2
	100	1:06.46	480		200	2:35.70	382			
38.						04	" " -		859	2
	100	1:06.96	469		200	2:34.55	390			
39.						04			857	2
	200	2:29.21	434		100	1:09.33	423			
40.						05	"		856 "	2
	100	1:07.11	466		200	2:34.61	390			
41.						04			850	2
	200	2:29.11	434		100	1:09.71	416			
42.						04			846	2
	100	1:07.82	452		200	2:34.08	394			
43.						05			834	2
	100	1:08.95	430		200	2:32.81	404			
44.						04			817	2
	200	2:30.91	419		100	1:10.73	398			
45.						05	-		797	2
	100	1:09.89	413		200	2:35.40	384			
46.						05			775	2
	100	1:10.21	407		200	2:37.57	368			
47.						04	"		", . 753	2
	100	1:11.76	381		200	2:36.96	372			
48.						04	" "		744	2
	100	1:11.60	384		200	2:38.81	360			
49.						05			735	2
	100	1:10.74	398		200	2:42.22	337			
50.						05			724	2
	100	1:12.80	365		200	2:38.92	359			
51.						05			680	2
	200	2:40.65	347		100	1:15.05	333			

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ALT-TIMING

				"		" . II		
52.					05		666	2
	100	1:13.96	348	200	2:45.48	318		
53.						05	661	2
	200	2:42.77	334	100	1:15.54	327		
54.						04	614	1
	100	1:01.25	614					
55.					04		595	2
	200	2:48.92	299	100	1:18.11	296		
56.					04	" "	568	1
	100	1:02.85	568					
57.					05	" "	558	1
	100	1:03.21	558					
58.					04	" "	544 "	2
	100	1:18.29	294	200	2:59.27	250		
59.					04	" "	532	1
	100	1:04.22	532					
60.					05		495	1
	100	1:05.80	495					
61.					04	" "	464	1
	100	1:07.20	464					
62.					04		454	2
	100	1:24.85	230	200	3:06.00	224		
63.					05		452	1
	100	1:07.82	452					
64.					05		445	1
	100	1:08.18	445					
65.					04	"	444	1
	200	2:27.99	444					
66.					05		4415	1
	100	1:08.35	441					
67.					04	" "	437	1
	100	1:08.58	437					
68.					05		436	1
	100	1:08.61	436					
69.					05	-5	434	1
	200	2:29.15	434					
70.					04	" "	430	1
	100	1:08.93	430					
71.					04		412	1
	200	2:31.75	412					
72.					04		398	1
	100	1:10.77	398					
73.					05	" "	363	2
	100	1:12.96	363	200	-			

" ", 50

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ALT-TIMING

						"	" . II		
74.						05		357	2
100	1:13.35	357	200		-				
75.						04		349	1
100	1:13.89	349							
76.						05		310	1
200	2:46.83	310							
77.						05		284	1
200	2:51.84	284							
78.						05		277	1
100	1:19.85	277							
79.						04	"	251 "	1
100	1:22.44	251							
,	2006 - 2007								
1.						06	"	990	2
100	1:04.89	516	200	2:24.87	474				
2.						06	"	980	2
100	1:04.34	529	200	2:27.30	451				
3.						06		972	2
100	1:05.80	495	200	2:24.52	477				
4.						06		923	2
100	1:07.32	462	200	2:26.20	461				
5.						06		864	2
100	1:08.49	439	200	2:30.20	425				
6.						06		858	2
100	1:07.02	468	200	2:34.53	390				
7.						07	"	853	2
100	1:08.27	443	200	2:31.97	410				
8.						06		806	2
200	2:32.19	409	100	1:10.81	397				
9.						06	"	788	2
100	1:09.67	417	200	2:37.23	371				
10.						07	"	767 "	2
100	1:07.00	469	200	2:49.07	298				
11.						07	"	754	2
100	1:11.57	384	200	2:37.31	370				
12.						06	-5	753	2
100	1:11.22	390	200	2:38.32	363				
13.						07		751	2
100	1:10.06	410	200	2:41.60	341				
14.						06	"	744	2
200	2:36.42	376	100	1:12.60	368				
15.						06	"	737	2
100	1:11.72	382	200	2:39.42	355				

" ", 50

, . 96

ALT-TIMING

							"	". II			
16.							06	"	", .	727	2
	100	1:11.82	380	200	2:40.67	347				727	2
	100	1:11.09	392	200	2:42.67	335	07			727	2
18.							06	"	"	724	2
	100	1:12.02	377	200	2:40.71	347				724	2
19.							06			723	2
	100	1:12.80	365	200	2:38.98	358				723	2
20.							06	"	"	716	2
	100	1:12.65	367	200	2:40.34	349				716	2
21.							07	"	"	708	2
	100	1:13.08	361	200	2:40.74	347				708	2
	100	1:11.76	381	200	2:43.87	327	06	"	"	708	2
23.							06			703	2
	200	2:38.57	361	100	1:14.39	342				703	2
24.							06	"	"	696	2
	100	1:13.81	350	200	2:40.84	346				696	2
25.							07	"	"	695	2
	100	1:13.22	359	200	2:42.49	336				695	2
26.							06		"	686	"
	100	1:12.41	371	200	2:45.92	315				686	2
27.							06	"	"	685	2
	100	1:11.76	381	200	2:47.86	304				685	2
28.							06			678	2
	100	1:13.73	352	200	2:44.04	326				678	2
29.							07	"	"	673	2
	100	1:14.46	341	200	2:43.05	332				673	2
30.							06	"	", .	672	2
	100	1:12.48	370	200	2:48.28	302				672	2
31.							07		3	661	2
	200	2:42.65	335	100	1:15.57	326				661	2
32.							07			626	2
	100	1:14.71	338	200	2:51.06	288				626	2
33.							06	"	"	625	2
	100	1:15.79	324	200	2:48.51	301				625	2
34.							06	"	"	616	2
	100	1:16.70	312	200	2:47.97	304				616	2
35.							07	"	"	615	2
	100	1:15.29	330	200	2:51.65	285				615	2
36.							07	"	"	611	2
	100	1:15.98	321	200	2:50.64	290				611	2
37.							06			606	2
	100	1:15.71	325	200	2:52.39	281				606	2

"", 50

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ALT-TIMING

				"		" . II		
38.					06		597	2
	100	1:17.31	305	200	2:50.16	292		
39.					07	" "	596	2
	100	1:17.21	306	200	2:50.58	290		
40.					07	" "	592	2
	100	1:17.43	303	200	2:50.84	289		
41.					07	" "	579	2
	100	1:18.26	294	200	2:51.63	285		
42.					07		575	2
	200	2:49.35	296	100	1:19.62	279		
43.					06		573	2
	100	1:18.50	291	200	2:52.13	282		
	200	2:51.02	288	100	1:19.05	285		
45.					06		572	2
	100	1:17.63	301	200	2:54.49	271		
46.					07		559	2
	200	2:50.85	289	100	1:20.51	270		
47.					07	" "	552	2
	100	1:18.22	294	200	2:57.38	258		
48.					06		539 "	2
	200	2:53.39	276	100	1:21.25	263		
49.					06		525	2
	100	1:20.56	269	200	2:57.71	256		
50.					06	" "	523	2
	100	1:21.23	263	200	2:56.97	260		
51.					07		509 "	2
	100	1:19.16	284	200	3:05.55	225		
52.					07		491	2
	100	1:22.08	255	200	3:02.65	236		
53.					06		3 485	2
	100	1:22.90	247	200	3:02.11	238		
54.					07		470	2
	100	1:23.52	242	200	3:04.72	228		
55.					06	" "	446	1
	100	1:08.11	446					
56.					06		427	2
	100	1:25.21	228	200	3:13.23	199		
57.					07		421 "	2
	100	1:25.05	229	200	3:15.57	192		
58.					06		420	2
	100	1:26.40	218	200	3:12.26	202		
59.					06		408	1
	100	1:10.17	408					

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ALT-TIMING

			"	" . II			
60.				06			
100	1:12.43	371				371	1
61.				06	"	"	
100	1:14.23	344				344	1
62.				06			
100	1:14.31	343				343	1
63.				06	"	"	
100	1:14.86	336				336	1
64.				06	"	"	
100	1:16.22	318				318	1
65.				06			
100	1:16.57	314				314	1
				07			
100	1:16.54	314				314	1
67.				06			
100	1:16.90	310	200			310	2
68.				07	"	"	
100	1:17.12	307				307	1
69.				06	"	"	
100	1:19.45	281				281	1
70.				06			
100	1:19.59	279				279	1
71.				06			
200	2:54.78	270				270	1
72.				07	"	"	
100	1:21.81	257				257	1
73.				07	"	"	
100	1:22.31	253				253	1
74.				07	"	"	
100	1:22.99	246				246	1
75.				07		"	
200	3:02.60	236	100			236 "	2
76.				06			
100	1:24.90	230	200			230	2
				06	"	"	
100	1:24.88	230				230	1
78.				07			
100	1:26.72	216				216	1
79.				06			
100	1:35.67	161				161	1

"", 50 . . . 96

ALT-TIMING

" " . II

100+200

2002 - 2003

1.	100	53.69	666	200	1:57.77	649	02	"	"	"	1315	2
2.	100	53.89	659	200	2:00.81	601	02				1260	2
3.	100	54.10	651	200	2:01.50	591	02				1242	2
4.	100	55.11	616	200	2:00.03	613	03				1229	2
5.	100	54.23	647	200	2:04.79	546	02			"	1193	2
6.	100	55.29	610	200	2:02.79	573	02				1183	2
	100	55.36	608	200	2:02.65	575	03				1183	2
8.	100	54.75	628	200	2:05.51	536	03				1164	2
9.	100	54.75	628	200	2:06.54	523	02	"	"	"	1151	2
10.	100	55.38	607	200	2:05.15	541	03				1148	2
11.	100	56.61	569	200	2:03.43	564	02				1133	2
12.	200	2:02.97	570	100	57.00	557	02				1127	2
13.	100	56.07	585	200	2:05.14	541	03				1126	2
14.	100	55.94	589	200	2:05.89	531	02			"	1120	2
15.	200	2:03.40	564	100	57.61	539	02			"	1103	2
16.	100	56.16	582	200	2:07.15	516	03				1098	2
17.	200	2:03.88	558	100	57.67	538	02				1096	2
18.	100	57.22	551	200	2:06.19	528	02				1079	2
19.	100	56.36	576	200	2:08.78	496	02			"	1072	2
20.	100	55.67	598	200	2:11.83	463	03	"	"	"	1061	2

" ", 50

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ALT-TIMING

				"		" . II		
21.						03		1045 2
	100	57.45	544	200	2:08.41	501		
22.						02	"	1039 2
	100	57.43	544	200	2:08.92	495		
23.						03		1031 2
	100	57.92	531	200	2:08.45	500		
24.						03	" "	1026 2
	200	2:06.60	522	100	58.94	504		
25.						03	" "	1014 2
	100	57.32	548	200	2:11.50	466		
26.						02	" "	999 2
	200	2:03.23	567	100	1:02.03	432		
27.						02		998 2
	100	57.32	548	200	2:13.02	450		
28.						02	" "	991 2
	100	57.11	554	200	2:14.33	437		
29.						02		988 2
	100	58.47	516	200	2:10.94	472		
30.						02	/	984 2
	100	57.49	543	200	2:14.00	441		
31.						03	" "	977 2
	100	57.54	541	200	2:14.43	436		
32.						03	" "	975 2
	100	56.19	581	200	2:19.13	394		
33.						02	" "	972 2
	100	58.59	513	200	2:12.15	459		
34.						03	" "	955 2
	100	57.89	532	200	2:15.85	423		
						03		955 2
	100	59.59	487	200	2:11.32	468		
36.						03	" "	953 2
	100	58.81	507	200	2:13.42	446		
						02	" "	953 2
	100	59.89	480	200	2:10.83	473		
38.						03		945 2
	100	59.43	491	200	2:12.64	454		
39.						03		940 2
	100	1:00.17	473	200	2:11.47	467		
40.						03		938 2
	100	59.91	480	200	2:12.29	458		
41.						03		931 2
	100	59.88	480	200	2:12.97	451		
42.						03	" "	927 2
	200	2:10.95	472	100	1:00.96	455		

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ALT-TIMING

							"	". II			
43.							03		"	"	912
	200	2:12.30	458	100	1:01.03	454					2
44.							02				910
	100	58.06	527	200	2:20.41	383					2
45.							02		"	"	899
	100	59.57	488	200	2:17.15	411					2
46.							02		"	"	895
	100	58.41	518	200	2:21.14	377					2
47.							02				892
	100	1:00.16	474	200	2:16.40	418					2
48.							03		"	"	889
	100	1:00.70	461	200	2:15.30	428					2
49.							03				886
	100	1:00.00	477	200	2:17.32	409					2
							03				886
	100	1:00.27	471	200	2:16.74	415					2
							03				886
	100	1:00.73	460	200	2:15.49	426					2
52.							03				882
	100	1:00.50	466	200	2:16.57	416					2
53.							03				881
	100	58.72	509	200	2:21.79	372					2
54.							03				871
	100	1:00.72	461	200	2:17.30	410					2
55.							02		"	"	852 "
	100	59.65	486	200	2:22.54	366					2
56.							03		"	"	840
	100	1:02.45	423	200	2:16.48	417					2
57.							02		"	"	836
	100	1:00.61	463	200	2:21.69	373					2
58.							03		"	"	822
	100	1:01.63	440	200	2:20.56	382					2
59.							02				811
	100	1:00.78	459	200	2:24.45	352					2
60.							02				802
	100	1:02.15	430	200	2:21.76	372					2
61.							03		"	"	800
	100	1:03.32	406	200	2:19.08	394					2
62.							02		/		788
	100	1:01.58	442	200	2:25.20	346					2
63.							03				784
	100	1:02.59	420	200	2:22.73	364					2
64.							02				779
	100	1:02.69	418	200	2:23.21	361					2

" ", 50 . . . 96

ALT-TIMING

				"		" . II		
65.						03		
100	1:03.37	405	200	2:21.59	373		778	2
66.						03		
100	1:03.05	411	200	2:24.20	353		764	2
67.						03		
100	59.95	479	200	2:36.90	274		753	2
68.						03	" "	
100	1:03.80	397	200	2:24.00	355		752	2
69.						03	" "	
100	1:02.11	430	200	2:28.94	321		751 "	2
70.						03		
100	1:01.40	445	200	2:35.29	283		728	2
71.						03	" "	
100	1:03.88	396	200	2:27.60	330		726 "	2
72.						02	" "	
100	1:06.31	354	200	2:34.04	290		644 "	2
73.						03		
100	1:06.93	344	200	2:36.01	279		623	2
74.						03		
100	1:08.27	324	200	2:33.21	295		619	2
75.						03	" "	
100	55.38	607					607	1
76.						02	" "	
100	56.10	584					584	1
77.						03		
100	1:08.69	318	200	2:39.35	262		580	2
78.						03		
100	56.34	577					577	1
79.						02	" "	
100	57.02	556					556	1
80.						03		
100	57.38	546	200	-	-		546	2
81.						02	" "	
100	57.41	545					545	1
82.						03	/	
100	1:10.12	299	200	2:44.89	236		535	2
83.						03	" "	
100	58.08	526					526	1
84.						03	" "	
100	58.12	525					525	1
85.						02	" "	
100	58.27	521					521	1
86.						03	" "	
200	2:07.42	512					512	1

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ALT-TIMING

			"		"	..	"	"	"	512	1
100	58.63	512			03					512	1
88.	100	58.84	506		03					506	1
89.	100	1:13.99	254	200	2:43.26	243	03			497	2
90.	100	59.57	488				03			488	1
91.	100	59.93	479				02		3	479	1
92.	100	1:00.44	467				02			467	1
93.	100	1:00.63	463				03			463	1
94.	100	1:00.71	461				02			461	1
95.	100	1:00.86	457				02	"	"	457	1
	100	1:00.87	457	200			03			457	2
97.	100	1:01.05	453				03	"	"	453	1
98.	100	1:01.12	452				03	"	"	452	1
99.	100	1:01.82	436				02			436	1
100.	100	1:01.99	433				03			433	1
101.	100	1:02.11	430				02			430	1
102.	100	1:02.39	425				02			425	1
103.	100	1:02.99	413				03			413	1
104.	100	1:03.00	412				02	1	.	412	1
105.	100	1:03.24	408				02	"	"	408	1
106.	100	1:03.49	403				02			403	1
107.	100	1:03.87	396				03	1	.	396	1
108.	100	1:03.90	395				03	1	.	395	1

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ALT-TIMING

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ALT-TIMING

				"		" . II					
13.						04		"	"	973	2
100	58.30	520	200	2:12.79	453						
14.						04	"		" , .	969	2
100	56.65	567	200	2:18.17	402						
						04				969	2
100	58.32	520	200	2:13.11	449						
16.						04			3	950	2
100	58.96	503	200	2:13.32	447						
17.						04				947	2
100	59.26	496	200	2:12.92	451						
18.						04				921	2
100	59.25	496	200	2:15.66	425						
19.						04				910. .	2
100	59.76	483	200	2:15.43	427						
20.						04		.		902	2
100	1:00.46	467	200	2:14.59	435						
21.						04		"	"	897	2
100	59.55	488	200	2:17.35	409						
22.						04				894	2
100	1:00.35	469	200	2:15.60	425						
23.						04		"	"	888	2
100	1:00.81	459	200	2:15.23	429						
24.						04				871	2
100	1:00.53	465	200	2:17.67	406						
25.						04				869	2
100	1:00.27	471	200	2:18.65	398						
26.						04		"	" .	840	2
100	1:02.34	426	200	2:16.84	414						
27.						04				839	2
100	1:01.38	446	200	2:19.15	393						
28.						05			-5	838	2
100	1:01.10	452	200	2:20.00	386						
						05		"	"	838	2
100	1:02.06	431	200	2:17.63	407						
30.						05		"	"	833	2
200	2:15.97	422	100	1:03.08	411						
31.						04				830	2
200	2:16.55	416	100	1:02.91	414						
32.						04				828	2
100	1:00.97	455	200	2:21.58	373						
33.						04				824	2
100	1:01.51	443	200	2:20.61	381						
34.						04		"	" .	823	2
100	1:02.53	422	200	2:18.28	401						

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ALT-TIMING

							"	". II		
100	1:02.13	430	200	2:19.24	393	04			3	823
36.						04				822
100	1:00.77	459	200	2:22.87	363					2
37.						05				820
100	1:02.71	418	200	2:18.18	402					2
38.						04				799
200	2:17.99	403	100	1:03.88	396					2
39.						04				789
100	1:03.47	403	200	2:20.08	386					2
40.						04				778
100	1:02.10	431	200	2:25.07	347					2
41.						04				772
100	1:03.40	405	200	2:22.37	367					2
42.						04				758
100	1:02.70	418	200	2:26.00	340					2
43.						04				753
100	1:04.59	383	200	2:22.06	370					2
						04				753
100	1:04.43	385	200	2:22.24	368					2
45.						05				751
200	2:20.15	385	100	1:05.58	366					2
46.						04				746
100	1:02.76	417	200	2:27.70	329					2
47.						04				744
100	1:04.91	377	200	2:22.37	367					2
48.						04				742
100	1:03.86	396	200	2:25.28	346					2
49.						04	"	"		739
100	1:03.39	405	200	2:26.87	334					2
						04				739
100	1:04.18	390	200	2:24.79	349					2
51.						04				735
100	1:03.97	394	200	2:25.92	341					2
52.						04				722
100	1:05.68	364	200	2:23.62	358					2
53.						04				719
100	1:04.98	376	200	2:25.63	343					2
54.						04				718
100	1:05.20	372	200	2:25.27	346					2
						05	"	"		718
100	1:05.92	360	200	2:23.52	358					2
56.						05				712
100	1:04.75	380	200	2:27.22	332					2

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ALT-TIMING

				"		" . II					
100	1:04.74	380	200	2:27.30	332	04	"	" .	712	2	
58.	100	1:03.28	407	200	2:32.11	301	05	/	708	2	
59.	100	1:04.53	384	200	2:29.16	319	04		703	2	
60.	100	1:06.02	358	200	2:27.74	329	05		687	2	
61.	100	1:05.89	360	200	2:28.28	325	04		685	2	
62.	100	1:05.97	359	200	2:28.46	324	04	"	683	2	
63.	100	1:05.84	361	200	2:29.16	319	04	-	680	2	
64.	100	1:06.09	357	200	2:28.81	322	04		679	2	
65.	100	1:05.67	364	200	2:30.58	310	04		674	2	
66.	100	1:06.94	344	200	2:28.10	326	05		670	2	
67.	100	1:04.11	391	200	2:36.79	275	05	3	666	2	
68.	100	1:05.41	368	200	2:33.41	293	04	3	661	2	
69.	100	1:06.44	351	200	2:30.80	309	05		660	2	
70.	100	1:06.12	357	200	2:32.14	301	05		658	2	
71.	100	1:06.76	346	200	2:30.53	311	05	"	657	2	
72.	100	1:07.50	335	200	2:28.86	321	04		656	2	
73.	100	1:03.25	407	200	2:44.25	239	05	"	646	2	
74.	100	1:06.89	344	200	2:32.90	296	05		640	2	
75.	100	1:07.80	331	200	2:31.08	307	04	"	638	2	
	100	1:07.62	333	200	2:31.50	305	04	"	638	2	
77.	100	1:07.49	335	200	2:32.81	297	05		632	2	
78.	100	1:06.37	353	200	2:36.23	278	04	"	631	2	

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ALT-TIMING

				"		" . II			
79.					04		630	2	
	200	2:26.49	337	100	1:10.56	293			
	100	1:06.86	345	200	2:34.88	285	04		
81.						05	-	626	2
	100	1:06.91	344	200	2:35.44	282			
82.					04		" "	618	2
	100	1:08.38	322	200	2:32.94	296			
83.					05			617	2
	200	2:30.28	312	100	1:09.67	305			
84.					04			614	2
	100	1:08.32	323	200	2:33.79	291			
85.					05		" "	611	2
	100	1:07.55	334	200	2:36.33	277			
86.					04			601	2
	200	2:31.27	306	100	1:10.46	295			
	100	1:09.49	307	200	2:33.36	294	05		
88.					05		/	592	2
	100	1:09.31	310	200	2:35.42	282			
	200	2:32.88	296	100	1:10.38	296	05		
90.					04			587	2
	100	1:07.49	335	200	2:41.43	252			
91.					05		3	586	2
	100	1:08.51	321	200	2:38.65	265			
92.					04			585	2
	100	1:09.69	304	200	2:35.69	281			
93.					05			584	2
	100	1:09.55	306	200	2:36.19	278			
94.					05		1 .	583	2
	100	1:09.19	311	200	2:37.26	272			
95.					04			575	2
	100	1:10.42	295	200	2:35.78	280			
96.					04			570	2
	200	2:34.58	287	100	1:11.42	283			
97.					05		" "	563	2
	200	2:35.42	282	100	1:11.54	281			
98.					04		3	552	2
	100	1:11.09	287	200	2:38.64	265			
99.					05			545	2
100.					05			540	2
	100	1:10.86	290	200	2:41.77	250			

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ALT-TIMING

				"		" . II					
101.						05		"	"	534	2
	100	1:11.47	282	200	2:41.39	252					
102.	200	2:38.02	268	100	1:12.97	265	05			533	2
103.	100	1:14.12	253	200	2:42.77	246	05			499	2
104.	100	1:13.63	258	200	2:45.16	235	05			493	2
105.	100	1:14.83	246	200	2:44.08	240	05			486	2
106.	100	1:13.92	255	200	2:47.04	227	04			482	2
107.	100	1:14.19	252	200	2:47.14	227	05			479	2
108.	100	1:15.37	241	200	2:46.01	231	04			472	2
109.	100	1:00.46	467	200		-	04			467	2
110.	100	1:15.25	242	200	2:48.48	221	05			463	2
111.	100	1:01.15	451				04			451	1
112.	100	1:01.51	443				04			443	1
113.	200	2:47.89	224	100	1:17.97	217	05			441	2
114.	100	1:01.68	439	200		-	04	"	"	439	2
115.	100	1:01.75	438				04	"	"	438	1
	200	2:49.19	219	100	1:17.77	219	05			438	2
117.	100	1:01.97	433	200		-	04			433	2
118.	200	2:49.97	216	100	1:19.28	207	05			423	2
119.	100	1:15.72	237	200	3:00.83	179	04			416	2
120.	200	2:53.25	204	100	1:20.73	196	05			400	2
	100	1:19.61	204	200	2:55.52	196	05			400	2
122.	100	1:20.12	200	200	2:55.61	195	05			395	2

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ALT-TIMING

			"		" . II			
123.				05		384		1
100	1:04.49	384						
124.				04		373		1
200	2:21.59	373						
125.				05		"	371	1
100	1:05.23	371						
126.				04		3	353	2
100	1:06.36	353	200					
127.				05			345	1
100	1:06.88	345						
128.				05			338	2
100	1:07.33	338	200					
129.				05			334	1
100	1:07.57	334						
130.				04		"	323	1
100	1:08.33	323				"		
131.				05			319	2
100	1:25.19	166	200	3:10.65	153			
132.				04			313	1
100	1:09.08	313						
133.				04			307	1
100	1:09.52	307						
134.				04			305	2
200	2:31.43	305	100					
135.				05			297	1
200	2:32.87	297						
136.				05			286	1
100	1:11.12	286						
137.				04		/	284	2
200	2:35.08	284	100					
138.				05			282	1
100	1:11.53	282						
139.				04			277	1
100	1:11.91	277						
140.				05		"	273	1
100	1:12.28	273				"		
141.				04		3	267	1
100	1:12.78	267						
142.				05			265	1
100	1:13.01	265						
143.				05			257	1
100	1:13.72	257						
144.				05			252	1
200	2:41.42	252						

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ALT-TIMING

			"	". II			
145.				04		244	1
	100	1:15.03	244				
146.				05		236	1
	200	2:44.88	236				
147.				05		231	1
	100	1:16.35	231				
148.				04		225	1
	100	1:17.09	225				
149.				05		223	1
	100	1:17.28	223				
150.				05		207	1
	200	2:52.30	207				
151.				05		186	1
	100	1:22.15	186				

100+200

			2004 - 2005									
1.							04		"	" .	1300	2
	100	1:06.43	669		200	2:24.63	631					
2.							04				1167	2
	100	1:08.97	598		200	2:29.65	569					
3.							05		"	"	1139	2
	200	2:28.75	580		100	1:10.53	559					
4.							04				1101	2
	100	1:10.86	551		200	2:31.38	550					
5.							05		"	"	1093	2
	200	2:30.18	563		100	1:11.80	530					
6.							04				1065	2
	100	1:11.42	538		200	2:33.53	527					
7.							04				1062	2
	200	2:31.86	545		100	1:12.37	517					
8.							04				1051	2
	100	1:11.23	543		200	2:35.38	508					
9.							05		"	" .	1034	2
	100	1:11.50	537		200	2:36.57	497					
	100	1:11.37	540		200	2:36.85	494				1034	2
11.							05			3	978	2
	100	1:12.79	509		200	2:39.65	469					
12.							05		"	"	945	2
	100	1:13.99	484		200	2:40.51	461					

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ALT-TIMING

				"		" . II		
13.					04		942	2
	100	1:13.78	488	200	2:41.40	454		
						05	942	2
	100	1:13.02	504	200	2:43.28	438		
15.						05	925	2
	100	1:13.97	485	200	2:42.99	440		
16.						05	885	2
	200	2:42.14	447	100	1:16.49	438		
17.						04	883	2
	100	1:12.44	516	200	2:53.16	367		
18.						04	873	2
	100	1:15.77	451	200	2:45.38	422		
19.						04	866	2
	100	1:15.78	451	200	2:46.23	415		
20.						05	819	2
	100	1:17.75	417	200	2:47.98	402		
21.						04	783	2
	200	2:46.98	410	100	1:20.71	373		
22.						05	779	2
	200	2:49.61	391	100	1:19.64	388		
23.						04	772	2
	100	1:17.26	425	200	2:56.54	347		
24.						05	761	2
	100	1:19.17	395	200	2:53.36	366		
25.						04	751	2
	200	2:49.16	394	100	1:21.89	357		
26.						05	743	2
	200	2:51.53	378	100	1:21.30	365		
27.						05	"	" 703 "
	100	1:21.24	366	200	2:58.22	337		2
28.						04	"	" 683 "
	100	1:22.99	343	200	2:57.69	340		2
29.						05	598	2
	100	1:26.59	302	200	3:06.13	296		
30.						05	"	" 563 "
	200	2:30.24	563	100		-		2
31.						04	"	" " 498 "
	100	1:13.32	498					1
32.						04	"	" 468 "
	200	2:39.68	468					1
33.						04	"	" " 426 "
	100	1:17.24	426					1
34.						04	381	2
	200	2:51.01	381	100		-		

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ALT-TIMING

						"	"	II		
35.						05			372	1
100	1:20.81	372								
36.						04	"		332	1
200	2:59.04	332								
37.						05			328	2
100	1:24.22	328	200							
,	2006 - 2007									
1.						07	"	"	886	2
100	1:15.88	449	200	2:43.39	437					
2.						06			843	2
100	1:17.46	422	200	2:45.41	421					
3.						06	"	"	839	2
200	2:44.68	427	100	1:18.08	412					
4.						06	-		824	2
100	1:17.65	419	200	2:47.65	405					
5.						06	"	"	820	2
100	1:15.98	447	200	2:52.25	373					
6.						06			811	2
200	2:47.44	406	100	1:18.53	405					
100	1:18.32	408	200	2:47.92	403	06	"	"	811	2
8.						06			790	2
200	2:48.32	400	100	1:19.52	390					
9.						06			784.	2
100	1:18.62	403	200	2:51.05	381					
10.						06	"		780	2
100	1:17.89	415	200	2:53.46	365					
11.						06	"		767	2
100	1:19.47	391	200	2:51.84	376					
12.						06			766	2
100	1:19.70	387	200	2:51.28	379					
13.						06			738	2
100	1:20.60	374	200	2:53.62	364					
14.						06			730	2
100	1:21.21	366	200	2:53.60	364					
15.						06			716	2
100	1:21.34	364	200	2:55.61	352					
16.						07	"		715	2
100	1:21.36	364	200	2:55.74	351					
17.						06			704.	2
100	1:22.24	352	200	2:55.64	352					
18.						06	"	"	703	2
100	1:22.13	354	200	2:56.20	349					

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ALT-TIMING

							"	" . II		
19.							07			
	100	1:21.50	362		200	2:58.02	338			700
20.							07			691
	100	1:22.76	346		200	2:56.85	345			
21.							07	"	" , .	683
	200	2:56.52	347		100	1:23.56	336			
22.							06	"	"	662
	200	2:58.47	335		100	1:24.33	327			
23.							07	"	" , .	640
	100	1:24.45	325		200	3:02.26	315			
	100	1:24.67	323		200	3:01.91	317			640
25.							06			624
	200	3:02.44	314		100	1:25.80	310			
26.							07	"	"	619
	100	1:25.46	314		200	3:04.20	305			
27.							07	"	"	609
	200	2:59.95	327		100	1:28.61	282			
28.							06			590
	200	3:03.40	309		100	1:28.63	281			
29.							07			560
	200	3:07.88	287		100	1:29.50	273			
30.							07			559
	100	1:28.19	286		200	3:11.04	273			
31.							07	"	"	552
	200	3:05.83	297		100	1:31.59	255			
32.							07	"	"	532
	200	3:10.16	277		100	1:31.58	255			
33.							07			495
	200	3:16.62	251		100	1:32.99	244			
	200	3:14.70	258		100	1:33.81	237			495
35.							06			485
	100	1:32.87	245		200	3:19.44	240			
36.							07	"	" .	484
	200	3:18.09	245		100	1:33.55	239			
37.							07			466
	200	3:20.26	237		100	1:34.89	229			
38.							07	"	"	461
	200	3:21.80	232		100	1:34.92	229			
39.							06		-5	341
	100	1:23.18	341							
40.							06	"	"	321
	100	1:24.80	321		200					

" " , 50 . . . 96

ALT-TIMING

			"	"	.. II		
41.				07		310	1
	100	1:25.79	310				
42.				07	" "	273	1
	100	1:29.54	273				
43.				07	" "	271	1
	200	3:11.53	271				
44.				06		3 257	1
	200	3:14.96	257				
45.				07		250	1
	200	3:16.74	250				

100+200

			2002 - 2003							
1.							03	" "	1212	2
	100	1:00.36	633	200	2:14.26	579				
2.							03	" "	1159	2
	100	1:00.97	615	200	2:17.04	544				
3.							02	" "	1139	2
	100	1:02.13	581	200	2:15.92	558				
4.							02	"	1115	2
	100	1:02.29	576	200	2:17.45	539				
5.							03	3	1101	2
	100	1:02.19	579	200	2:18.93	522				
6.							03		1092	2
	200	2:16.33	553	100	1:03.69	539				
7.							03		1044	2
	100	1:03.69	539	200	2:20.52	505				
8.							02		1022	2
	100	1:04.67	515	200	2:20.27	507				
9.							02	"	1010'	2
	200	2:20.25	508	100	1:05.20	502				
10.							03	" "	1003	2
	100	1:05.05	506	200	2:21.20	497				
11.							02	3	976	2
	100	1:04.81	512	200	2:24.54	464				
12.							03		963	2
	100	1:05.25	501	200	2:24.75	462				
13.							02	" "	955	2
	100	1:06.12	482	200	2:23.58	473				
14.							03		952	2
	100	1:06.13	482	200	2:23.88	470				

				"		" . II			
15.					02		1 .	949	2
100	1:05.27	501	200	2:26.23	448				
16.					03			942	2
100	1:06.44	475	200	2:24.19	467				
17.					03	"	", .	921	2
200	2:23.80	471	100	1:07.65	450				
18.					03			898	2
100	1:07.12	460	200	2:27.35	438				
19.					03	"	", .	871	2
100	1:07.69	449	200	2:29.11	422				
20.					03			863 .	2
100	1:08.16	440	200	2:29.03	423				
21.					02			837	2
100	1:08.36	436	200	2:31.71	401				
22.					02		/	811	2
100	1:08.98	424	200	2:33.55	387				
23.					03			807	2
200	2:30.80	408	100	1:10.40	399				
24.					03		" "	777	2
200	2:32.31	396	100	1:11.46	381				
25.					02			734	2
100	1:11.40	382	200	2:38.47	352				
26.					03		" " -	726	2
200	2:36.26	367	100	1:12.95	359				
27.					03			718	2
100	1:12.83	360	200	2:37.62	358				
28.					03		" "	693	2
200	2:37.81	356	100	1:14.50	337				
29.					03			678	2
100	1:12.91	359	200	2:43.75	319				
30.					03		1 .	654	2
100	1:14.66	334	200	2:43.49	320				
31.					03		"	620 "	2
200	2:42.19	328	100	1:18.12	292				
32.					02			485	1
100	1:05.98	485							
33.					03			447	2
200	3:03.34	227	100	1:25.87	220				
34.					02			429	1
100	1:08.74	429							
35.					03			417	2
200	2:29.80	417	100		-				
36.					02		.	414	1
100	1:09.55	414							

" ", 50 . . . 96

ALT-TIMING

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ALT-TIMING

				"		" . II					
12.						04		"	"	775	2
	100	1:10.90	391		200	2:33.89	384				
13.							05			752	2
	200	2:34.75	378		100	1:11.95	374				
14.							04			749	2
	100	1:11.29	384		200	2:36.53	365				
							04			749	2
	100	1:11.39	383		200	2:36.40	366				
16.							05			744	2
	200	2:34.34	381		100	1:12.68	363				
17.							04		/	737	2
	200	2:35.90	369		100	1:12.32	368				
18.							04			707	2
	200	2:38.13	354		100	1:13.31	353				
19.							05		1 .	705	2
	200	2:38.08	354		100	1:13.46	351				
20.							04		" " -	687	2
	200	2:39.19	347		100	1:14.28	340				
21.							04		3	681	2
	200	2:39.95	342		100	1:14.32	339				
22.							04			673	2
	200	2:39.34	346		100	1:15.22	327				
23.							04		-	665	2
	200	2:40.56	338		100	1:15.23	327				
24.							05		" "	650	2
	200	2:40.87	336		100	1:16.21	314				
25.							04			645	2
	200	2:40.03	342		100	1:17.18	303				
26.							05			631	2
	100	1:16.01	317		200	2:44.50	314				
27.							05			626	2
	100	1:15.84	319		200	2:45.83	307				
28.							05			623	2
	200	2:44.21	316		100	1:16.82	307				
29.							04		" "	591	2
	200	2:46.70	302		100	1:18.41	289				
30.							04			588	2
	200	2:47.42	298		100	1:18.32	290				
31.							04			587	2
	200	2:44.96	312		100	1:19.65	275				
32.							04		" "	577	2
	200	2:48.30	294		100	1:18.90	283				
33.							04		-	576	2
	200	2:45.13	311		100	1:20.70	265				

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ALT-TIMING

							"	". II			
34.							05		"	"	569
	200	2:47.53	298	100	1:20.03	271					2
35.							05				558
	200	2:50.86	281	100	1:19.46	277					2
36.							04		3	556	2
	200	2:51.13	279	100	1:19.54	277					
37.							05	-			549
	100	1:19.42	278	200	2:52.89	271					2
38.							05				478
	200	2:54.62	263	100	1:26.44	215					2
39.							05				474
	200	2:59.00	244	100	1:24.62	230					2
40.							04	1			456
	200	2:25.34	456	100		-					2
41.							04		"	"	436
	200	2:27.52	436	100		-					2
42.							05				417
	200	3:06.82	215	100	1:28.33	202					2
43.							05				410
	100	1:09.75	410	200		-					2
44.							04		"	"	395
	100	1:10.62	395	200		-					2
45.							05				378
	200	3:10.44	202	100	1:32.42	176					2
46.							04				360
	100	1:12.87	360								1
47.							04				358
	100	1:13.00	358								1
48.							05				327
	100	1:15.23	327	200		-					2
49.							05				284
	100	1:18.88	284								1
50.							05		"	"	244
	200	2:59.01	244								1
51.							04				242
	100	1:23.10	242	200		-					2
52.							05				224
	100	1:25.31	224	200		-					2
	100	1:25.33	224				05				224
54.							05				212
	100	1:26.84	212								1
55.							04				207
	100	1:27.54	207								1

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ALT-TIMING

			"	"	". II		
56.				05		196	1
100	1:29.12	196					
57.				05		183	1
100	1:31.23	183					
58.				05		181	1
100	1:31.51	181					

200+200

			2006 - 2007							
1.							06		"	"
200	2:38.19	506	200	2:38.87	500					1006
2.							06			
200	2:38.37	505	200	2:40.59	484					989
3.							06			
200	2:42.27	469	200	2:42.95	463					932
4.							06		"	"
200	2:42.77	465	200	2:43.74	456					921
5.							06			
200	2:47.96	423	200	2:49.64	410					833
6.							06		"	"
200	2:49.35	413	200	2:49.78	409					822
7.							06			
200	2:49.58	411	200	2:49.85	409					820
8.							06		"	"
200	2:47.72	425	200	2:52.62	390					815
9.							06			
200	2:50.75	402	200	2:52.62	390					792
10.							06		"	"
200	2:51.32	398	200	2:53.12	386					784
11.							06	"		"
200	2:51.32	398	200	2:54.01	380					778
12.							07		"	"
200	2:51.50	397	200	2:56.42	365					762
13.							06		"	"
200	2:54.02	380	200	2:54.05	380					760
14.							06			
200	2:54.18	379	200	2:56.35	365					744
15.							06			
200	2:55.06	373	200	2:57.02	361					734
16.							06	/		
200	2:56.26	366	200	2:56.76	363					729

"", 50 96

ALT-TIMING

						". II					
17.	200	2:56.57	364	200	2:56.91	362	06	"	"	726	2
18.	200	2:55.69	369	200	2:58.25	354	06			723	2
19.	200	2:56.74	363	200	2:58.64	351	06	"	"	714	2
20.	200	2:57.81	356	200	3:00.02	343	06	"	"	699	2
21.	200	2:59.16	348	200	2:59.30	348	06	"	"	696	2
22.	200	2:57.78	357	200	3:02.80	328	06	"	"	685	2
23.	200	3:00.48	341	200	3:00.91	338	07	"	"	679	2
24.	200	3:01.14	337	200	3:02.97	327	06	"	"	664	2
25.	200	3:00.49	341	200	3:05.04	316	06			657	2
26.	200	3:03.86	322	200	3:07.56	304	07		3	626	2
27.	200	3:05.47	314	200	3:06.15	311	07			625	2
	200	3:05.40	314	200	3:06.12	311	07	"	"	625	2
	200	3:05.58	313	200	3:05.76	312	06	,		625	2
30.	200	3:03.24	326	200	3:09.35	295	07	"	","	621	2
31.	200	3:06.61	308	200	3:06.74	308	07	"	"	616	2
32.	200	3:05.96	311	200	3:07.79	302	07	"	","	613	2
33.	200	3:07.47	304	200	3:09.56	294	06	"	"	598	2
34.	200	3:09.02	297	200	3:09.00	297	06	1		594	2
35.	200	3:07.68	303	200	3:13.55	276	07	"	"	579	2
36.	200	3:09.29	295	200	3:13.94	275	07	"	"	570	2
37.	200	3:11.68	284	200	3:14.50	272	06			556	2
38.	200	3:17.89	258	200	3:18.41	256	06	"		514"	2

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ALT-TIMING

				"		" . II		
39.					06		507	2
	200	3:18.04	258	200	3:20.37	249		
40.					06		463	2
	200	3:24.28	235	200	3:26.38	228		
41.					06		398	1
	200	2:51.44	398					
42.					06		369	1
	200	2:55.83	369					
43.					06		351	1
	200	2:58.68	351					
44.					07		332	1
	200	3:02.12	332					
45.					07		331	2
	200	3:02.28	331	200	-			
46.					06	"	321	1
	200	3:04.04	321					
47.					07	"	319	1
	200	3:04.40	319			"		
48.					07	"	310	1
	200	3:06.32	310			"		
49.					07	"	307	1
	200	3:06.79	307			"		
50.					07	"	304	1
	200	3:07.41	304			"		
51.					07		299	1
	200	3:08.49	299					
52.					07	"	298	1
	200	3:08.73	298			"		
53.					06	"	285	1
	200	3:11.62	285			"		
54.					06		283	1
	200	3:11.91	283					
55.					07	"	280	1
	200	3:12.57	280			"		
56.					06		277	1
	200	3:13.33	277					
57.					06		274	2
	200	3:14.12	274	200	-			
58.					06		270	1
	200	3:14.96	270					
59.					07	"	265	1
	200	3:16.26	265			"		
60.					06		264	1
	200	3:16.44	264					

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ALT-TIMING

200+200

" ", 50 . . . 96

ALT-TIMING

						"	"	II		
200	2:27.31	463	200	2:27.37	462	04		"	925	2
10.	200	2:26.66	469	200	2:28.85	449	04		918	2
11.	200	2:24.30	493	200	2:32.90	414	05	"	"	.
12.	200	2:27.37	462	200	2:29.59	442	04		904	2
13.	200	2:27.11	465	200	2:30.62	433	05	"	"	.
14.	200	2:29.78	440	200	2:30.16	437	04		877	2
15.	200	2:30.08	438	200	2:30.34	436	04		874	2
16.	200	2:31.60	425	200	2:32.86	414	05	"	"	.
17.	200	2:31.97	422	200	2:34.38	402	04		824	2
18.	200	2:33.74	407	200	2:34.11	404	04		811	2
19.	200	2:34.01	405	200	2:34.32	403	04	3	808	2
20.	200	2:31.10	429	200	2:37.55	378	05		807	2
21.	200	2:33.16	412	200	2:36.84	384	05	"	"	.
22.	200	2:35.51	393	200	2:35.58	393	04		"	786 "
	200	2:34.66	400	200	2:36.47	386	04		786	2
24.	200	2:35.69	392	200	2:36.10	389	05	3	781	2
25.	200	2:35.32	395	200	2:36.66	385	05	"	"	.
26.	200	2:32.58	417	200	2:40.27	359	04		776	2
27.	200	2:36.86	383	200	2:37.59	378	04	"	"	.
28.	200	2:37.37	380	200	2:37.53	378	05	"	"	.
29.	200	2:37.37	380	200	2:38.53	371	04		751	2
30.	200	2:37.01	382	200	2:39.50	365	05		747	2

" ", 50

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ALT-TIMING

						"	". II				
31.	200	2:37.12	381	200	2:41.14	354	05	"	"	735	2
32.	200	2:39.43	365	200	2:40.18	360	04			725	2
33.	200	2:38.82	369	200	2:40.92	355	04	"	" .	724	2
34.	200	2:39.09	367	200	2:41.70	350	04	"	"	717	2
35.	200	2:40.16	360	200	2:41.32	352	05			712	2
36.	200	2:40.45	358	200	2:41.17	353	05	"	"	711	2
37.	200	2:39.86	362	200	2:42.79	343	04			705	2
38.	200	2:41.03	354	200	2:44.24	334	05	1	.	688	2
39.	200	2:42.12	347	200	2:44.71	331	04			678	2
	200	2:42.64	344	200	2:44.19	334	05			678	2
41.	200	2:42.33	346	200	2:45.39	327	04	"	" .	673	2
42.	200	2:42.24	346	200	2:45.62	326	04			672	2
43.	200	2:44.55	332	200	2:45.35	327	05	"	," .	659	2
44.	200	2:46.02	323	200	2:46.40	321	04			644	2
45.	200	2:46.09	323	200	2:47.89	313	05			636	2
46.	200	2:46.04	323	200	2:48.21	311	04	"	"	634	2
47.	200	2:46.33	321	200	2:50.00	301	05		3	622	2
48.	200	2:48.77	308	200	2:49.07	306	04	"	"	614	2
49.	200	2:48.53	309	200	2:50.03	301	04	"	"	610	2
50.	200	2:49.08	306	200	2:50.17	300	04			606	2
51.	200	2:49.47	304	200	2:50.33	299	04			603	2
	200	2:45.99	323	200	2:54.13	280	05	/		603	2

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ALT-TIMING

				"		" . II			
53.						05		601	2
	200	2:49.77	302	200	2:50.32	299			
54.						05	" "	592	2
	200	2:50.47	299	200	2:51.53	293			
55.						05	1	582	2
	200	2:49.44	304	200	2:54.60	278			
56.						04		578	2
	200	2:48.20	311	200	2:56.92	267			
57.						05	3	575	2
	200	2:52.27	289	200	2:52.87	286			
58.						04	" "	561	2
	200	2:52.41	289	200	2:55.86	272			
59.						05		555	2
	200	2:53.57	283	200	2:55.79	272			
60.						04		546	2
	200	2:55.32	274	200	2:55.76	272			
61.						04	3	541	2
	200	2:54.35	279	200	2:57.97	262			
62.						05		536	2
	200	2:55.80	272	200	2:57.70	264			
63.						05	" "	529	2
	200	2:56.35	270	200	2:58.68	259			
	200	2:57.28	265	200	2:57.49	264		529	2
65.						05	" "	517	2
	200	2:57.88	263	200	2:59.87	254			
66.						05	" "	516	2
	200	2:57.37	265	200	3:00.72	251			
67.						04		474	2
	200	3:00.82	250	200	3:07.44	224			
68.						05		446	2
	200	3:06.06	230	200	3:09.88	216			
69.						04	3	437	2
	200	2:30.20	437	200					
	200	2:30.17	437	200		05	" "	437	2
71.						04	" "	415	1
	200	2:32.74	415						
72.						04	" "	398	1
	200	2:34.92	398						
	200	2:34.88	398			04		398	1
74.						04		396	1
	200	2:35.22	396						

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ALT-TIMING

			"	" . II			
75.				04		387	1
	200	2:36.31	387				
76.				04		376	1
	200	2:37.87	376				
77.				04		374	1
	200	2:38.20	374				
78.				05		371	2
	200	2:38.63	371	200			
				04		371	2
	200	2:38.61	371	200			
80.				04		358	1
	200	2:40.54	358				
81.				05		355	1
	200	2:40.98	355				
82.				04		343	1
	200	2:42.79	343				
83.				05		332	1
	200	2:44.57	332				
				04		332	1
	200	2:44.63	332				
85.				04	" " -	315	1
	200	2:47.48	315				
86.				05	" "	312	1
	200	2:48.02	312				
87.				05		307	1
	200	2:48.85	307				
88.				04		305	1
	200	2:49.35	305				
89.				05	/	302	1
	200	2:49.77	302				
90.				04		301	1
	200	2:50.05	301				
91.				04		288	1
	200	2:52.54	288				
92.				05	" , .	283	2
	200	2:53.56	283	200			
93.				05	" "	272	1
	200	2:55.91	272				
94.				05		270	1
	200	2:56.24	270				
95.				05		267	1
	200	2:56.97	267				
96.				04	1	262	1
	200	2:58.14	262				

" ", 50 96 ALT-TIMING

			"		". II			
				04		3	262	1
200	2:58.00	262						
98.				05			261	1
200	2:58.25	261						
99.				04			253	2
200	3:00.19	253	200	-				
				05			253	1
200	3:00.12	253						
101.				05			249.	1
200	3:01.13	249						
102.				04			248	1
200	3:01.32	248						
103.				05			245	1
200	3:02.02	245						
104.				05			238	1
200	3:03.80	238						
105.				05			236	1
200	3:04.34	236						
106.				05			232.	1
200	3:05.50	232						
107.				05			228	1
200	3:06.35	228						
108.				04			208	1
200	3:12.15	208						
109.				04			201	1
200	3:14.39	201						
110.				05			197	1
200	3:15.63	197						

200+400

			2004 - 2005								
1.						05		"	"	1254	2
200	2:25.77	647	400	5:14.48	607						
2.					05			"	"	1173	2
200	2:30.45	589	400	5:18.52	584						
3.					04			"	"	1053	2
200	2:33.47	554	400	5:35.70	499						
4.					04					1052	2
200	2:34.05	548	400	5:34.51	504						
5.					04					1016	2
400	5:31.77	517	200	2:38.92	499						

" ", 50 . . . 96

ALT-TIMING

				"		" . II					
6.						05		"	"	1008	2
	200	2:37.31	515	400	5:37.15	493					
7.						05		"	"	1004	2
	200	2:36.95	518	400	5:38.75	486					
8.						04				988	2
	200	2:38.28	505	400	5:39.30	483					
9.						05				940	2
	200	2:39.86	491	400	5:47.72	449					
10.						04		"	"	938	2
	400	5:41.28	475	200	2:42.97	463					
11.						04				921	2
	200	2:43.06	462	400	5:45.23	459					
12.						04				908	2
	400	5:45.28	459	200	2:44.60	449					
13.						04				907	2
	200	2:44.01	454	400	5:46.67	453					
14.						04				897	2
	200	2:43.95	455	400	5:49.57	442					
15.						05				872	2
	200	2:44.60	449	400	5:54.56	423					
16.						05		35		869	2
	200	2:44.95	446	400	5:54.78	423					
17.						04				853	2
	200	2:46.29	436	400	5:56.49	417					
18.						05				845	2
	200	2:46.36	435	400	5:58.48	410					
19.						05		"	"	828	2
	200	2:46.64	433	400	6:03.00	395					
20.						05				810	2
	200	2:50.01	408	400	6:00.61	402					
21.						05		-5		797	2
	200	2:49.08	415	400	6:06.93	382					
22.						05				756	2
	200	2:53.60	383	400	6:09.86	373					
23.						05		"	"	747	2
	200	2:51.96	394	400	6:16.62	353					
24.						05				680	2
	400	6:17.28	351	200	3:02.62	329					
	200	2:58.23	354	400	6:26.68	326				680	2
26.						05		"	"	537	1
	200	2:35.09	537								
27.						04				498	1
	200	2:39.11	498								

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ALT-TIMING

				"		" . II		
28.					04		486	2
	200	2:40.41	486	400				
29.					04		482	2
	200	3:21.50	245	400	7:10.31	237		
30.					05	.	4775	1
	200	2:41.37	477					
31.					05	"	476	2
	400	5:41.07	476	200				
32.					04		475	1
	200	2:41.59	475					
33.					05		473	1
	200	2:41.82	473					
34.					05	.	460	1
	200	2:43.34	460					
35.					04	"	396	1
	200	2:51.71	396			-		
36.					04		392	1
	200	2:52.19	392					
37.					05	-5	391	1
	200	2:52.44	391					
38.					04	.	386	1
	200	2:53.10	386					
39.					04	"	366	1
	200	2:56.18	366			,		
40.					05		356	1
	200	2:57.80	356					
41.					05	-5	353	1
	200	2:58.30	353					
42.					04		351	1
	400	6:17.52	351					
43.					04		331	1
	200	3:02.18	331					
44.					04		323	2
	400	6:27.97	323	200				
45.					05	"	320	1
	200	3:04.28	320			,		
46.					04	"	303	1
	200	3:07.65	303			.		
47.					05		302	1
	200	3:07.84	302					
48.					05		294	1
	200	3:09.57	294					
49.					05		262	1
	400	6:56.09	262					

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ALT-TIMING

" ". II

200+400

2002 - 2003

1.	200	2:14.99	602	400	4:50.48	591	02	"	"	1193	2
2.	200	2:14.01	615	400	4:57.27	551	03			1166	2
3.	400	5:00.96	531	200	2:20.80	530	03			1061	2
4.	200	2:21.73	520	400	5:04.62	512	03			1032	2
5.	200	2:20.44	534	400	5:07.88	496	03	"	"	1030	2
6.	400	5:07.32	499	200	2:24.18	494	03		3	993	2
7.	400	5:09.60	488	200	2:25.76	478	02			966	2
8.	200	2:26.21	474	400	5:13.38	471	03			945	2
9.	200	2:25.10	484	400	5:17.00	455	03	"	"	939	2
10.	200	2:25.08	485	400	5:18.98	446	02			931	2
11.	200	2:25.78	478	400	5:22.57	431	03	"	"	909	2
12.	200	2:27.13	465	400	5:19.99	442	03	"	"	907	2
13.	400	5:16.03	459	200	2:30.31	436	03	"	"	895	2
14.	200	2:28.12	455	400	5:29.12	406	02	"	"	861	2
15.	200	2:28.22	454	400	5:29.21	406	03			860	2
16.	200	2:30.10	438	400	5:26.30	417	03	"	"	855	2
17.	200	2:29.79	440	400	5:27.43	413	03			853	2
18.	200	2:27.99	457	400	5:35.73	383	02	1	.	840	2
19.	200	2:31.84	423	400	5:31.55	397	03	"	"	820	2
20.	200	2:31.26	428	400	5:36.58	380	02			808	2

" ", 50

. . . . 96

ALT-TIMING

							"	". II			
21.							03	"	", .	791	2
200	2:31.85	423	400	5:40.23	368						
22.							03			753	2
200	2:37.21	381	400	5:38.82	372						
23.							03	"	"	740	2
200	2:35.94	390	400	5:45.72	350						
24.							03			737	2
200	2:32.48	417	400	5:56.33	320						
25.							03	1	.	636	2
200	2:45.20	328	400	6:00.91	308						
26.							02	/		578	2
200	2:16.82	578	400		-						
27.							02		"	560	"
200	2:51.06	295	400	6:19.23	265						2
28.							03	"	"	535	1
200	2:20.38	535									
29.							03	"	"	510	1
200	2:22.67	510									
30.							03	"	"	508	1
200	2:22.84	508									
31.							03		"	503	1
400	5:06.60	503									
32.							03		3	499	1
200	2:23.64	499									
33.							03	"	"	495	2
200	2:24.08	495	400		-						
34.							02	"	"	485	1
200	2:25.02	485									
35.							03			481	1
200	2:25.41	481									
36.							03		"	471	1
200	2:26.45	471									
37.							02		3	468	1
200	2:26.83	468									
38.							02	"	"	466	1
200	2:27.01	466									
39.							02			461	1
200	2:27.54	461									
40.							03	"	"	458	1
200	2:27.79	458									
41.							02			453	1
200	2:28.34	453									
42.							02			444	1
200	2:29.34	444									

" ", 50

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ALT-TIMING

			"	" . II			
				03		3	444 1
200	2:29.34	444					
44.			02		.		442 1
200	2:29.57	442					
45.			02	"	"		438 1
200	2:30.09	438					
46.			03	"	"		424 1
200	2:31.72	424					
47.			03	"	" , .		419 1
200	2:32.29	419					
48.			02				418 1
200	2:32.46	418					
49.			02	"	"		417 1
200	2:32.56	417					
50.			03				405 1
200	2:34.01	405					
51.			03				397 1
200	2:35.03	397					
52.			03				386 1
200	2:36.52	386					
53.			03				385 1
200	2:36.65	385					
54.			03	1			378 1
200	2:37.65	378					
55.			02	"	"		372 1
200	2:38.43	372					
56.			03				346 1
200	2:42.37	346					
57.			02				323 1
400	5:55.15	323					
58.			03				304. . 1
200	2:49.37	304					

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" , . 96

ALT-TIMING

" ". II

400+1500

2002 - 2003

1.	1500	16:51.80	637	400	4:21.34	597	02		1234	2
2.	400	4:22.97	586	1500	17:25.09	578	02	" "	1164	2
	400	4:23.12	585	1500	17:24.84	579	02	" "	1164	2
4.	400	4:22.02	592	1500	17:38.09	557	03		1149	2
5.	400	4:24.47	576	1500	17:31.18	568	02	" "	1144	2
6.	1500	17:24.31	580	400	4:29.68	543	03		1123	2
7.	1500	17:40.87	553	400	4:30.35	539	03	" "	1092	2
8.	400	4:28.05	553	1500	17:55.70	530	02	" "	1083	2
9.	400	4:30.08	541	1500	17:49.59	540	03		1081	2
10.	400	4:28.43	551	1500	17:58.05	527	03	" "	1078	2
11.	1500	17:45.20	546	400	4:31.74	531	03	" "	1077	2
12.	400	4:30.12	540	1500	17:58.37	526	02		1066	2
13.	400	4:30.88	536	1500	17:56.45	529	03		1065	2
14.	400	4:31.65	531	1500	17:58.66	526	03		1057	2
15.	400	4:30.39	539	1500	18:08.03	513	02	" "	1052	2
16.	400	4:28.27	552	1500	18:31.53	481	02	" "	1033	2
17.	400	4:31.72	531	1500	18:31.22	481	03		1012	2
18.	400	4:37.35	499	1500	18:22.55	493	03	" "	992	2
19.	1500	18:09.83	510	400	4:43.31	468	03	" "	978	2
20.	400	4:36.83	502	1500	18:36.98	474	03		976	2

" ", 50 . . 96

ALT-TIMING

21.	400	4:38.23	494	1500	18:33.87	478	03		"	"	972	2
22.	1500	18:37.00	474	400	4:44.00	465	03				939	2
	400	4:39.35	488	1500	18:55.07	451	03		"	"	939	2
24.	400	4:44.32	463	1500	19:10.34	434	02		"	"	897	2
25.	400	4:31.42	533				02		"	"	533	1
26.	400	4:46.09	455				03		"	"	455	1
27.	400	4:47.09	450				03				450	1
28.	400	4:50.16	436				03				436	1
29.	400	4:53.15	423				02				423	1
30.	400	4:54.16	418				03		"	"	418	1
	400	4:54.10	418				02	"	"	"	418	1
32.	400	4:56.67	408				03				408	1
33.	400	4:57.12	406				03				406	1
34.	400	5:02.56	384				03				384	1
35.	400	5:07.02	368				02		"	"	368	1
36.	400	5:14.18	343				02	-			343	1
37.	400	5:15.29	340				03				340	1
38.	400	5:34.49	284				03				284	1

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96

ALT-TIMING

" ". II

400+800

2004 - 2005									
1.	800	9:32.34	607	400	4:42.06	589	04		1196
2.	800	9:35.95	596	400	4:41.09	595	05	" "	1191
3.	400	4:40.49	599	800	9:37.70	590	05	" "	1189
4.	400	4:40.95	596	800	9:59.84	527	04	" "	1123
5.	800	10:00.00	527	400	4:54.33	518	05	-5	1045
6.	400	4:53.97	520	800	10:17.59	483	05	" "	1003
7.	800	10:07.98	506	400	5:03.76	471	05	" "	977
8.	400	5:04.96	466	800	10:26.08	464	05		930
9.	800	10:24.12	468	400	5:06.20	460	05		928
10.	400	5:05.38	464	800	10:33.01	449	05	" "	913
11.	800	10:29.11	457	400	5:08.88	448	04	-	905
12.	400	5:10.69	440	800	10:37.57	439	05		879
13.	400	5:21.30	398	800	10:58.91	398	04		796
14.	400	5:20.08	403	800	11:03.63	389	04		792
15.	400	5:21.75	396	800	11:03.78	389	04	" "	785
16.	800	11:03.39	390	400	5:24.35	387	04		777
17.	800	10:59.60	397	400	5:29.26	370	05	" "	767
18.	400	5:24.47	387	800	11:10.04	378	04		765
19.	400	5:24.67	386	800	11:11.12	376	05		762
20.	400	5:26.02	381	800	11:20.02	362	04		743

" ", 50 . . 96

ALT-TIMING

							"	". II		
21.	400	5:34.09	354	800	11:27.45	350	05	"	"	704
22.	400	5:04.16	469				04			469
23.	400	5:04.75	467				05			467
24.	400	5:25.63	382				04			382
25.	400	5:44.78	322				05			322
26.	400	5:45.86	319				05	"	"	319
27.	400	5:50.64	306				04			306
28.	400	6:04.14	273				05			273
,										2006 - 2007
1.	400	4:55.24	513	800	10:05.81	512	06			1025
2.	400	5:11.38	437	800	10:38.52	437	06	"	"	874
3.	800	11:07.19	383	400	5:25.69	382	06	"	"	765
4.	800	11:09.70	379	400	5:36.26	347	06			726
5.	800	11:27.92	349	400	5:35.95	348	06	"	"	697
6.	800	11:30.84	345	400	5:37.35	344	06	"	"	689
7.	400	5:36.81	346	800	11:38.72	334	06			680
8.	800	11:24.22	355	400	5:45.15	321	06	"	"	676
9.	800	11:34.84	339	400	5:44.71	322	06	"	"	661
10.	800	11:35.70	338	400	5:45.26	321	06	"	"	659
11.	400	5:40.72	334	800	11:46.53	323	06	"	"	657
12.	400	5:43.86	325	800	11:52.96	314	06			639
13.	400	5:41.99	330	800	11:58.18	307	06	-		637

" ", 50

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ALT-TIMING

							". II					
14.	800	11:52.30	315	400	5:49.56	309	07	"	"	.	624	2
15.	400	5:48.02	313	800	12:03.31	301	07	"	"	.	614	2
	400	5:47.64	314	800	12:03.44	300	06	"	"	"	614	2
17.	400	5:51.99	303	800	12:01.96	302	07	"	"	"	605	2
18.	800	11:58.28	307	400	5:54.38	297	06				604	2
19.	800	12:10.25	292	400	5:56.50	291	07	"	"	"	583	2
20.	800	12:04.11	300	400	6:01.39	280	07	"	"	"	580	2
21.	400	5:55.85	293	800	12:26.78	273	07	"	"	"	566	2
22.	800	12:18.65	282	400	6:01.73	279	07				561	2
23.	400	6:03.63	274	800	12:30.28	269	06			"	543	"
24.	400	6:05.48	270	800	12:35.79	263	06				533	2
25.	400	6:07.65	266				07				266	1
26.	400	6:08.29	264				06				264	1
27.	400	6:12.50	255				06	"	"	"	255	1
28.	400	6:25.64	230				07	"	"	"	230	1
29.	400	6:36.04	212				07	"	"	"	212	1
30.	400	6:42.86	202				07	"	"	"	202	1

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ALT-TIMING

" ". II

400+800

2004 - 2005

1.	800	8:56.66	597	400	4:24.35	576	04		1173	2
2.	800	9:00.61	584	400	4:29.37	545	04	" "	1129	2
3.	400	4:33.64	520	800	9:37.97	478	05	" "	998	2
4.	400	4:38.95	491	800	9:34.36	487	04		978	2
5.	800	9:35.14	485	400	4:40.86	481	05	" "	966	2
6.	400	4:40.28	484	800	9:37.29	480	04		964	2
7.	400	4:42.52	472	800	9:46.37	458	04		930	2
8.	800	9:38.79	476	400	4:47.66	447	04		923	2
9.	400	4:46.51	453	800	9:50.05	449	05	" "	902	2
10.	800	9:56.37	435	400	4:51.92	428	04	" "	863	2
11.	400	4:48.13	445	800	10:06.56	414	04	" "	859	2
12.	800	9:57.93	432	400	4:53.03	423	04		855	2
13.	400	4:49.29	440	800	10:10.05	407	04		847	2
14.	800	10:01.74	424	400	4:53.46	421	05	" "	845	2
15.	400	4:53.07	423	800	10:06.23	414	04		837	2
16.	800	10:00.27	427	400	4:58.56	400	05	" "	827	2
17.	800	10:07.18	412	400	4:58.51	400	04		812	2
	800	10:05.50	416	400	4:59.55	396	04	-	812	2
19.	800	10:13.07	401	400	4:59.61	396	05	"	797	2
20.	400	4:58.45	400	800	10:17.87	391	04		791	2

" ", 50

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ALT-TIMING

" ", 50

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ALT-TIMING

			"	". II			
43.				05	/	333	1
	400	5:17.44	333				
				04		333	1
	400	5:17.45	333				
45.				05		326	1
	400	5:19.69	326				
46.				04		320	1
	400	5:21.44	320				
47.				04		319	1
	400	5:22.06	319				
48.				05		317	1
	400	5:22.64	317				
49.				05		315	1
	400	5:23.34	315				
50.				04		313	1
	400	5:24.02	313				
51.				05	" "	310	1
	400	5:25.05	310				
52.				05	/	306	1
	400	5:26.30	306				
53.				04		302	1
	400	5:27.68	302				
54.				05	" "	298	1
	400	5:29.14	298				
55.				05		289	1
	400	5:32.70	289				
56.				05	-	288	1
	400	5:32.95	288				
57.				04	/	287	1
	400	5:33.60	287				
58.				04	" "	285	1
	400	5:34.27	285				
59.				05		284	1
	400	5:34.48	284				
60.				05	1 .	281	1
	400	5:35.72	281				
61.				05		277	1
	400	5:37.46	277				
62.				05		271 . .	1
	400	5:39.89	271				
63.				05	" "	259	1
	400	5:45.06	259				
64.				05	-	257	1
	400	5:45.75	257				

" ", 50 . . . 96

ALT-TIMING

			"	" . II		
65.				05		241
400	5:53.35	241				1
66.				05		237
400	5:55.50	237				1
67.				04		230
400	5:59.11	230				1
68.				05		226
400	6:00.82	226				1

50+100

, 2006 - 2007												
1.												925
50	31.18	480	100	1:12.66	445	06						2
2.						06	"	" .			891	2
100	1:11.80	461	50	32.36	430							
3.						06					782	2
50	32.98	406	100	1:16.83	376							
4.						07	"	"			759	2
100	1:16.48	381	50	33.77	378							
5.						06					758	2
100	1:15.73	393	50	34.18	365							
6.						06	"	" .			715	2
100	1:18.07	358	50	34.42	357							
7.						06	"	"			704	2
50	34.19	364	100	1:19.47	340							
						06	"	"			704	2
50	33.89	374	100	1:20.25	330							
9.						06	/				700	2
50	34.41	357	100	1:19.21	343							
10.						06	"	"			684	2
50	34.47	355	100	1:20.30	329							
11.						06	"	"			665	2
50	32.82	412	100	1:27.63	253							
12.						06					646	2
50	34.69	349	100	1:23.11	297							
13.						06					640	2
100	1:19.67	337	50	36.37	303							
14.						06					589.	2
50	35.19	334	100	1:27.48	255							
15.						06	,				563	2
50	35.61	322	100	1:29.11	241							

" ", 50 . . 96

ALT-TIMING

				"		" . II				
16.						07		"	561	"
	50	36.14	308	100	1:27.63	253				2
17.						07	"	" ,	544	2
	50	35.46	327	100	1:32.22	217				
18.						06			537	2
	100	1:25.46	273	50	38.05	264				
19.						07			520	2
	50	37.73	271	100	1:28.15	249				
20.						07	"	"	499	2
	50	37.35	279	100	1:31.78	220				
21.						07	"	"	484	2
	50	39.07	244	100	1:29.23	240				
22.						06			479	2
	50	37.61	274	100	1:34.03	205				
23.						06			478	2
	50	38.83	249	100	1:30.58	229				
24.						07	"	"	407	2
	50	41.34	206	100	1:34.63	201				
25.						06		"	371	"
	50	40.86	213	100	1:42.44	158				2
26.						06			328	1
	50	35.41	328							
27.						06	"	" ,	326	1
	50	35.48	326							
28.						07		"	259	"
	50	38.30	259	100						2
29.						06		"	256	"
	50	38.43	256							1
	50	38.44	256			07			256	1
31.						07	"	"	253	1
	50	38.61	253							
32.						07	"	"	211	1
	50	40.98	211							
33.						06			206	1
	50	41.32	206							
34.						07			205	1
	50	41.41	205							
35.						06	"	"	197	1
	50	41.94	197							
36.						07	"	"	173	1
	50	43.81	173							
37.						07			151	1
	50	45.78	151							

" ", 50 . . 96

ALT-TIMING

" ". II

50+100

2004 - 2005

1.	50	26.44	610	100	59.23	595	04		1205	2
2.	50	27.27	556	100	1:02.53	505	04	"	1061'	2
3.	50	27.31	554	100	1:03.34	486	04		1040	2
4.	50	27.00	573	100	1:04.43	462	04		1035	2
5.	50	27.60	536	100	1:03.39	485	04		1021	2
6.	100	1:03.08	492	50	28.47	489	04	"	981	2
7.	50	28.37	494	100	1:03.40	485	04		979	2
8.	50	28.32	496	100	1:04.30	465	04	" "	961	2
9.	50	28.07	510	100	1:05.70	436	04		946	2
10.	50	28.03	512	100	1:06.90	412	04		924	2
11.	50	28.77	473	100	1:06.06	428	04		901	2
12.	50	29.22	452	100	1:05.12	447	04	.	899	2
13.	100	1:03.98	472	50	30.05	415	04		887	2
14.	50	29.56	436	100	1:06.68	417	05		853	2
15.	50	28.55	484	100	1:09.58	367	04	.	851	2
16.	50	29.31	448	100	1:07.97	393	04	.	841	2
17.	50	29.85	424	100	1:08.13	391	05		815	2
18.	50	30.20	409	100	1:08.36	387	04		796	2
19.	50	29.76	428	100	1:09.84	362	04		790	2
20.	50	30.48	398	100	1:09.09	374	04	" "	772	2

" ", 50 . . 96

ALT-TIMING

				"		" . II		
21.						05		761 2
	50	30.87	383	100	1:08.87	378		
22.						04		751 2
	50	30.28	406	100	1:10.98	345		
23.						04	" "	745 2
	50	30.15	411	100	1:11.77	334		
24.						05	" "	739 2
	50	31.02	378	100	1:09.95	361		
25.						04		735 2
	50	30.90	382	100	1:10.44	353		
26.						04		728 2
	100	1:09.65	365	50	31.42	363		
27.						04	3	698 2
	50	31.49	361	100	1:11.53	337		
28.						05		692 2
	50	31.57	358	100	1:11.74	334		
29.						05		691 2
	50	31.33	366	100	1:12.39	325		
30.						05		690 2
	50	31.29	368	100	1:12.66	322		
31.						04	" "	674 2
	50	31.26	369	100	1:14.00	305		
32.						05	" "	650 2
	50	32.13	340	100	1:13.60	310		
33.						05	" , .	640 2
	100	1:12.68	322	50	32.84	318		
34.						05		632 2
	50	32.35	333	100	1:14.48	299		
35.						04		625 2
	50	32.12	340	100	1:15.65	285		
36.						05	" "	555 2
	50	34.09	284	100	1:16.95	271		
37.						05		551 2
	50	32.87	317	100	1:20.83	234		
38.						05		525 2
	50	34.52	274	100	1:18.91	251		
39.						04	" , .	519 1
	50	27.90	519					
40.						05		513 2
	50	33.97	287	100	1:21.78	226		
41.						05		506 2
	50	33.48	300	100	1:24.23	206		
42.						05	" "	498 2
	50	33.89	289	100	1:23.84	209		

" ", 50

, . , . 96

ALT-TIMING

			"		" . II					
43.					04		"	" 449	1	
	50	29.29	449							
44.					04			433	1	
	50	29.64	433							
45.					05			415	2	
	50	37.08	221	100	1:26.05	194				
46.					04			398	2	
	50	30.48	398	100		-				
	50	30.47	398	100		-	04	398	2	
48.					04			391	1	
	50	30.66	391							
49.					05			382	2	
	50	37.65	211	100	1:29.74	171				
50.					05			368	2	
	50	38.48	198	100	1:29.90	170				
51.					04		"	" .	367	1
	50	31.31	367							
52.					04			344	1	
	50	31.99	344							
53.					05		-5	343	1	
	50	32.03	343							
54.					04		"	" -	339	1
	50	32.16	339							
55.					04			318	1	
	50	32.83	318							
	50	32.83	318			05		318	1	
57.					05	"		" .	307	1
	50	33.23	307							
58.					04		1		297	1
	50	33.59	297							
59.					04			288	1	
	50	33.93	288							
60.					05			274	1	
	100	1:16.66	274							
61.					05			251	1	
	50	35.54	251							
62.					04		"	" .	242	1
	50	35.97	242							
63.					05			229	2	
	100	1:21.38	229	50		-				
64.					05			228	1	
	100	1:21.54	228							

" ", 50 . . 96

ALT-TIMING

			"	". II		
65.				05	218	1
	50	37.23	218			
66.				05	203	1
	50	38.16	203			
67.				05	188	1
	50	39.14	188			
68.				05	187	1
	50	39.20	187			
69.				05	167	1
	50	40.71	167			
70.				05	146	1
	50	42.56	146			
71.				05	123	1
	50	45.01	123			

"", 50 . . . 96

ALT-TIMING