



10-12 May 2019, Lisbon, Portugal

OFFICIAL CONTEST RESULTS

Men's Physique Up to & Incl. 170 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	2	Nawid Eskandarpour	Germany	1993	/169,9	6				6
2	1	Cristian de Horna	Spain	1997	/167	6				6
3	6	Kevin Araujo	France	1992	/167,6	8				8
4	3	Fábio Ferreira	Portugal	1990	/168,5	12				12
5	5	Daniel Porta	Spain	1981	/169,1	15				15
6	4	Cesar Soto	Spain	1979	/164,5	17				17

Σ=6

Men's Physique Up to & Incl. 175 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	14	Rafael Bouça	Portugal	1993	/170,5	5				5
2	9	Bilal Fakir	Belgium	1994	/171,6	6				6
3	13	Jose Luis Pietro Dominguez	Spain	1989	/174,5	11				11
4	10	Tiago Tabuaço	Portugal	1997	/174,5	11				11
5	8	Bruno Monteiro	Portugal	1985	/174,8	14				14
6	12	Emanuel Morgado	Portugal	1993	/171,8	15				15
7	11	Fabian Feber	Germany		/173,1	21				21

Σ=7

Men's Physique Up to & Incl. 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	19	Ludgero Leal	Portugal	1986	/177	3				3
2	20	Luís Oliveira	Portugal	1990	/178,4	7				7
3	18	Nicolae Lupsor	Spain	1981	/175,4	11				11
4	17	Matteo Marcelli	Italy	1997	/178,8	11				11
5	16	Chung-Kang	Chinese Taipei	1981	/177,7	14				14

Σ=5

Men's Physique Over 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	30	Sidy Pouye	Spain	1985	/183	6	5			5
2	25	Bruno Nunes	Portugal	1989	/185	6	6			6
3	23	Vladislav Alekseev	Russia	1995	/182	6	6			6
4	22	Michael Mai Xuan	Ireland	1993	/181,1	15	14			14
5	24	João Carvalho	Portugal	1992	/189,2	20	16			16
6	26	Efren Alvarez	Spain	1990	/187	12	16			16
7	29	Pierre Bouquiaux	Belgium	1991	/200,5	22				
8	27	Alberto Gonzalez	Spain	1990	/181,3	23				
9	28	Vladislav Kozhuharov	Bulgaria	1991	/183,5	24				

Σ=9

Muscular Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	33	Marcel Feber	Germany		/172,5	4				4
2	32	Jose Olmedo	Spain	1987	/179,6	9				9
3	35	Aitor Fernandez	Spain	1984	/165	9				9
4	34	Rosario Lamarca	Belgium	1982	/167,7	11				11
5	36	Roman Borgmann	Germany	1996	/174,1	13				13

Σ=5

OVERALL Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	14	Rafael Bouça	Portugal	1993	/	4				4
2	30	Sidy Pouye	Spain	1985	/	5				5
3	2	Nawid Eskandarpour	Germany	1993	/	10				10
4	19	Ludgero Leal	Portugal	1986	/	11				11

Σ=4

Junior Women's Bikini Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	39	Lidia Fernandez	Spain	1996	/162,7	3				3
2	41	Sara Lazaro	Spain	1996	/167,6	8				8
3	38	Silvia Ciarciaglino	Italy	1996	/167,3	8				8
4	42	Sofia Baptista	Portugal	1999	/161,6	11				11
5	40	Sofia Pereira	Portugal	2001	/161,2	15				15

Σ=5

Master Women's Bikini Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	45	Ada Jimenez	Spain	1983	/164,6	6	4			4
2	52	Maria Simone dos Santos	Spain	1977	/165	7	7			7
3	51	Kamila Pardamcova	Spain	1977	/153,4	10	9			9
4	47	Elia Rivera	Spain	1980	/164,3	9	11			11
5	49	Alla Petrova	Spain	1973	/158,5	15	15			15
6	53	Sara Castro	Spain	1984	/164,7	18	18			18
7	46	Ann-Sofie Gustavsen	Denmark	1982	/169,8	21				
8	48	Suvi Lahtinen	Finland	1974	/173,6	26				
9	44	Ana Markovic	Iceland	1984	/170,5	27				
10	50	Lourdes Inurria	Spain	1975	/160,5	28				

Σ=10

Junior Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	55	Cristian de Horna	Spain	1997	/167	3				3
2	56	Tiago Tabuaço	Portugal	1997	/174,5	6				6

Σ=2

Master Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	59	Cesar Soto	Spain	1979	/164,5	4				4
2	58	Carles Catala	Spain	1977	/179,9	5				5

Σ=2

Master Women's Bodyfitness 35-44 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	72	Hanna Saario	Finland	1981	/167,1	4				4
2	71	Eva Crespo	Spain	1976	/156,5	5				5

Σ=2

Master Women's Bodyfitness +45 yrs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	75	Victoria Hernandez	Spain	1970	/169	3				3
2	74	Marina Reis	Portugal	1968	/	6				6

Σ=2

Women's Bikini Fitness Up to & Incl. 160 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	79	Lina Bejarano	Spain	1987	/159	3				3
2	80	Cátia Lopes	Portugal	1998	/159,8	6				6
3	77	Eliana Reyes	Spain	1987	/147,8	9				9
4	82	Lorena Diaz	Spain	1986	/159,5	12				12
5	78	Kamila Pardamcova	Spain	1977	/153,4	14				14
6	81	Tânia Gonçalves	Portugal	1990	/159,1	18				18

Σ=6

Women's Bikini Fitness Up to & Incl. 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	88	Lidia Fernandez	Spain	1996	/162,7	3				3
2	84	Sofia Baptista	Portugal	1999	/161,6	6				6
3	86	Marta Castro	Spain	1988	/160,8	9				9
4	89	Emiliya Topalova	Bulgaria	1985	/161	12				12
5	85	Lourdes Inurria	Spain	1975	/160,5	15				15
6	87	Sofia Pereira	Portugal	2001	/161,2	16				16

Σ=6

Women's Bikini Fitness Up to & Incl. 169 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	93	Rafaela Marques	Portugal	1992	/164,8	5	4			4
2	91	Karmen Kier	Estonia	1986	/164,4	6	7			7
3	94	Kady Pärnaku	Estonia	1987	/167,8	7	9			9
4	96	Lisa Weichenthal	Germany	1993	/166,5	17	12			12
5	95	Sara Lazaro	Spain	1996	/167,6	14	13			13
6	92	Manuela Faneca	Spain	1986	/165	17	17			17
7	97	Silvia Ciarciaglini	Italy	1996	/167,3	19				
8	98	Sara Castro	Spain	1984	/164,7	24				

Σ=8

Women's Bikini Fitness Over 169 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	103	Kaisa Abner	Estonia	1991	/171,1	6	4			4
2	105	Paula Barbosa	Portugal	1990	/170,2	7	7			7
3	108	Yevgeniya Pastukh	Ukraine	1989	/174,8	12	9			9
4	106	Carla Torrell	Spain	1991	/172	11	12			12
5	102	Maris Malm	Estonia	1990	/171,5	9	13			13
6	100	Kadri-Ly Miil	Estonia	1990	/173,5	20	17			17
7	101	Ann-Sofie Gustavsen	Denmark	1982	/169,8	22				
8	104	Silja Pihlana	Finland	1991	/170,4	24				
9	110	Maria Herranz	Spain	1989	/173	27				
10	109	Monika Klementova	Czech Republic	1986	/172	28				
11	107	Ana Markovic	Iceland	1984	/170,5	31				

Σ=11

OVERALL Women's Bikini Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	79	Lina Bejarano	Spain	1987	/	3				3
2	93	Rafaela Marques	Portugal	1992	/	9				9
3	103	Kaisa Abner	Estonia	1991	/	9				9
4	88	Lidia Fernandez	Spain	1996	/	10				10

Σ=4

Women's Wellness Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	115	Lidia Munoz	Spain	1987	/159,1	3				3
2	113	Tânia Miller	Portugal	1981	/162	6				6
3	114	Vanessa Soares	Portugal	1991	/159,5	11				11
4	116	Tânia Cardoso	Portugal	1985	/155	11				11
5	112	Thays Jardim	Portugal	1981	/154,3	15				15
6	117	Henna Poyhonen	Finland	1996	/158,3	18				18

Σ=6

Women's Bodyfitness Up to & Incl. 163 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	120	Filipa Santos	Portugal	1992	/157,8	3				3
2	119	Rocio Araujo	Spain	1995	/159	8				8
3	124	Jasmina Gomez	Spain	1988	/156	9				9
4	123	Liis Org	Estonia	1990	/161,1	11				11
5	122	Kamila Rzeszowska	Ireland	1981	/157,6	15				15
6	121	Jeniffer Pena	Spain	1985	/152,9	17				17

Σ=6

Women's Bodyfitness Over 163 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	129	Hanna Saario	Finland	1981	/167,1	4				4
2	128	Gabriela Mediavilla	Spain	1991	/167,5	5				5
3	130	Helena Huikkala	Finland	1988	/169,8	9				9
4	127	Victoria Hernandez	Spain	1970	/169	12				12
5	126	Viivi Rantala	Finland	1996	/169,6	15				15

Σ=5

Women's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	133	Renata Jevicka	Czech Republic	1983	/	6	3			9
2	132	Leona Dobinson	Ireland	1979	/	12	6			18

Σ=2

OVERALL Women's Bodyfitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	120	Filipa Santos	Portugal	1992	/	3				3
2	129	Hanna Saario	Finland	1981	/	6				6

Σ=2

Master Men's Bodybuilding

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	138	Mario Alonso	Spain	1979	86,4/	8	3			11
2	136	Guilherme Lopez	Spain	1978	87,5/	10	6			16
3	135	Jesus-Abel Ozores	Spain	1971	80,1/	20	12			32
4	139	Virgilio Engrácio	Portugal	1973	83,2/	24	10			34
5	137	Suraj Darkadas	Portugal	1979	82,8/	28	14			42

Σ=5

Men's Classic Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	143	Victor Olombo	Spain	1992	91/184,5	6	6			12
2	142	Aitor Garcia	Spain	1993	76,8/173	12	3			15
3	141	Manuel Hervas	Spain	1969	72,5/170,5	18	9			27

Σ=3

Men's Classic Bodybuilding

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	149	Jose-Miguel Gomez	Spain	1985	76,5/174	8	4			12
2	150	Alvaro Bertol	Spain	1987	73,1/174,5	10	9			19
3	148	Sergio Torres	Spain	1979	85,9/182,7	20	11			31
4	145	Aitor Garcia	Spain	1993	76,8/173	22	10			32
5	147	Victor Olombo	Spain	1992	91/184,5	28	10			38
6	146	Suraj Darkadas	Portugal	1979	82,8/185,8	36	18			54

Σ=6

Men's Bodybuilding Up to & Incl. 80 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x2	R3		Score
1	154	Maximiliano Rodriguez	Spain	1982	78,5/	3	6	3		9
2	159	Fábio Ribeiro	Portugal	1990	79/	6	12	7		19
3	156	Tien-Chi Lin	Chinese Taipei	1987	78,4/	9	18	11		29
4	158	Sérgio Fernandes	Portugal	1987	73,7/	12	24	14		38
5	157	Francisco Lopez-Astilleros	Spain	1981	73,2/	15	30	11		41
6	155	Dany Carvalho	Luxembourg	1995	68,4/	18	36	16		52
7	152	Jorge Miganos	Portugal	1994	74,1/	21				
DNC	153	Paulo Silva	Portugal	1988	78,5/					

Σ=8

Men's Bodybuilding Up to & Incl. 90 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	161	Andrea Bolzonii	Italy	1987	87,7/	8	7			15
2	167	Jorge Dominguez	Spain	1983	84/	16	9			25
3	165	Mario Alonso	Spain	1979	86,4/	20	8			28
4	164	Manuel Fernandes	Spain	1980	89,4/	18	12			30
5	163	Denis Kniazev	Russia	1982	89,5/	30	15			45
6	166	Hugo Devesa	Portugal	1993	84,1/	36	18			54
7	162	Pedro Marinho	Portugal	1982	83,3/	42	16			58

Σ=7

Men's Bodybuilding Over 90 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	171	Sergio Dufort	Spain	1980	93,4/	8	7			15
2	170	Alexis Hernandez	Spain	1981	90,2/	14	5			19
3	169	David Pozzi	Spain	1983	100,5/	14	6			20
4	172	Rodrigo Garrobo	Spain	1991	93,1/	24	13			37
5	173	Juan-Manuel Hevia	Spain	1986	101/	30	14			44

Σ=5

OVERALL Men's Bodybuilding

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	161	Andrea Bolzonii	Italy	1987	/	3				3
2	154	Maximiliano Rodriguez	Spain	1982	/	7				7
3	171	Sergio Dufort	Spain	1980	/	8				8

Σ=3